

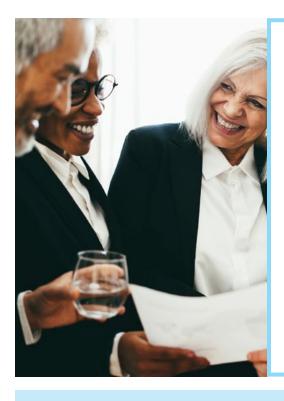


# **Community Education + Workforce Development**

SEP-DEC 2023

northampton.edu/community-education





### FREE WORKSHOPS FOR 50+ JOBSEEKERS

You have the experience. Now regain the confidence.

This may be the most important job connection you'll ever make.

Job hunting is hard, especially now. Do you need help creating and launching a successful job campaign? Attend a free in-person or online workshop to get the skills and support you need in this competitive job market. You can also connect with professional career coaches who can help you put your best foot forward and stand out to employers.

Save your seat now; spots are limited. Call 855-850-2525 or register online at aarpfoundation.org/register

REGISTER TODAY
AUGUST 24 AND OCTOBER 12,
10AM - 11:30AM

AARP Foundation BACK TO WORK 50+

## Take an online class from the comfort of your own home!

Look for online classes listed throughout this catalog or visit Northampton.edu/noncredit and look for the online tab.

All online classes are via Zoom. A link will be emailed to students prior to the start of class.

### Apply Today for Fall 2023!

You deserve a future you're excited about, and NCC can help you get there.

**On Campus and Online** 

northampton.edu/apply

#### **FALL 2023 START DATES:**

Traditional Fall Semester:

August 26 – December 9

Accelerated Fall I:

August 26 – October 17

Mid-Fall:

October 2 – December 9

Accelerated Fall II:

October 23 – December 9

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### CENTER FOR INNOVATION AND ENTREPRENEURSHIP ......14

All online classes are via Zoom. A link will be emailed to students prior to the start of class.

### IT'S EASY TO REGISTER!

Visit northampton.edu/ Search for the course you are interested in and click "Sections," then "Register Me" or "Register Others" and follow directions. Click "Create a NEW! Customer
Account" and complete
requested information or
"LogIn" and update your profile
under "My Account"
if you're a returning student.

Having trouble finding the right course or reaching the correct department? Call 1-877-543-0998 for assistance.

### How to find a room number and instructor:

Search your class/section online, click on it and then click on the box for the full schedule.

You may also register in person at the Student Enrollment Center, Keystone Hall, Monday—Thursday, 8AM—7PM. We encourage early registration! Classes with low enrollment may be canceled five days prior to the start date.

### **HELP! WHICH DAYS DO I HAVE CLASS?**

Below the class description, you will see initials for days when class is held.

SEC DATE(S) (1) 08/18-09/03 Course FIT233

DAY(S) --T-R-- TIME(S) 5:30-6:30PM **Fee \$79** 

In this example, class would be on Tuesdays and Thursdays for the dates listed:

CLASS DAY KEY: UMTWRFS

U = Sunday

M = Monday

T = Tuesday

W = Wednesday

R = Thursday

F = Friday

S = Saturday



Classes designated as 'TF' are Teen Friendly and open to students 14 years of age and older. Otherwise, classes are open to students 18 years of age and older.

FOR MORE INFORMATION: visit northampton.edu/noncredit.

CONTACT INFO

Center for Business & Industry, Healthcare Education,

Computer Training: 570-369-1867

**Center for College and Career Readiness:** 570-369-1883

**Driver Training:** 570-369-1885

Personal Enrichment: 570-369-1881 Horizons for Youth: 570-369-1881

Northampton Community College does not discriminate on the basis of race, color, national origin, sex, gender identity, disability, religion, or age in its programs or activities.

### PERSONAL ENRICHMENT

### **Arts/Crafts/Photography**

### **ART**

**NOTE:** Adult classes are open to students 18 years and older unless designated with a "Teen Friendly" symbol (TF). Teen Friendly classes are open to students 14 years and older.

### Painting the Pocono Landscape

Fashion your own artistic creations that capture the timeless beauty of our regional landscapes. Explore a variety of painting techniques — watercolor, acrylics, oil, mixed media, etc. Open to anyone at any skill level!

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (2)
 09/27-11/01
 ---W-- 6:30-8:30PM

 Course ART273
 Fee \$155

### Painting with Watercolors

Enrich your personal life through acquisition of concrete, useful and creative watercolor painting techniques. Begin with an overview of materials, tools and paints and work towards producing beautiful artwork! Instructor demos with lots of hands-on practice.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (9)
 10/02-11/06
 -M---- 6:30-8:30PM

 Course ART193
 Fee \$155

### **CRAFTS**

#### Learn to Knit

Learn the basic skills of knitting including how to read a basic knit pattern. Skills taught include slip knot, cast on, knit stitch, purl stitch and bind off. Complete a project and get ready to advance to more! Materials list includes a set of knitting needles and yarn and will be emailed to you prior to start of class.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (2)
 09/06-09/27
 ---W-- 6:30-8:30PM

 Course CRAFT489
 Fee \$89

### Learn to Knit Continued

Continue to build on your skills by creating a "Sampler Scarf". Prerequisites; students must be able to cast on stitches, knit stitches, and purl stitches. As long as you know these basic skills, you do not have to complete CRAFT489. Required materials: light solid color 350 yards of worsted weight wool blend or acrylic yarn and size US 8 circular 16" knitting needle. Pattern will be provided first session.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 10/11-10/25
 ---W-- 6:30-8:30PM

 Course
 CRAFT499
 Fee \$69

### **Stained Glass Beginning Workshop**

Learn techniques required to create beautiful stained-glass pieces. Cut, solder, foil and finish glass in this hands-on, project-oriented class. Students can choose from instructor provided patterns or find a pattern on their own. Most tools and equipment are provided. Individual project glass is purchased separately. Repeaters welcome!

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (26)
 09/21-10/26
 ----R- 6:30-8:30PM

 Course
 CRAFT101
 Fee \$149

#### Stained Glass: Snowman

There is nothing like building a snowman after the first snowfall of the season to stir up fond memories of one's childhood. Create this Stained Glass Snowman you can enjoy all winter long even if there is no snow. Copper foil, flux, solder, and burnish techniques will be taught. Glass is pre-cut for your convenience.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (4)
 11/02
 ----R- 6:30-9PM

 Course CRAFT206
 Fee \$54

#### Stained Glass - Moravian Star

Demonstration and instruction of copper foil technique to make a clear glass 12-piece Moravian Star. All glass is pre-cut. Great gift or holiday decoration! All tools and materials supplied.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (25)
 11/16
 ----R- 6:30-9PM

 Course CRAFT103
 Fee \$54

### **GLASS FUSING**

### GLASS FUSING CLASSES – IMPORTANT INFORMATION

Learn the art of Glass Fusing (fusing pieces of colored glass together) as you create a beautiful, one-of-a-kind plate, bowl, platter, small tray or jewelry. Large selection of colored glass to choose from.

- Our very popular glass fusing classes fill up quickly so register early to avoid disappointment.
- All tools and materials are included.
- Wear closed toe shoes
- Email us at monroecalinfo@northampton.edu for photos of completed projects.

**NOTE:** All projects will be fired off site and ready for pick up 1-2 weeks following the class to allow for firing time. You will be notified when projects are ready for pick up.

### Glass Fusing-Night Light

Perfect for beginners. Create your own night light. Choose from a variety of colors.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 09/12
 --T--- 6:30-8:30PM

 Course
 CRAFT500
 Fee \$49

### 😈 Glass Fusing-Lantern

Create your own lantern for tonight's project. Choose from a variety of colors

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 10/03
 --T--- 6:30-8:30PM

 Course CRAFT501
 Fee \$49

### Glass Fusing: Holiday Ornaments

Make up to three one-of-a-kind ornaments using various colors of glass to create something for yourself or to give as a gift. No experience necessary.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (2)
 12/09
 -----S
 1-3PM

 Course
 CRAFT473
 Fee \$49

### ம NEW! INTERMEDIATE Glass Fusing- Design

#### **Your Own Plate**

Get creative and design your own plate. For students who have already completed at least 2 projects. Class meets off campus in a Tannersville studio. Directions will be provided before class starts.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 10/07
 -----S
 1-3PM

 Course CRAFT502
 Fee \$49

### **INTERMEDIATE Glass Fusing - Mirror**

You will create a beautiful mirror frame. For students who have already completed at least 2 projects. Class meets off campus in a Tannersville studio. Directions will be provided before class starts

Course	CRAFT503		Fee \$49
(1)	10/21	S	1-3PM
SEC	DATE(S)	DAY(S)	TIME(S)

### **PHOTOGRAPHY**

**NOTE:** Adult classes are open to students 18 years and older unless designated with a "Teen Friendly" symbol (TF). Teen Friendly classes are open to students 14 years and older.

### THE ROVING PHOTOGRAPHER CERTIFICATE

The Roving Photographer Certificate is designed to help you become a top-notch photographer. The certificate consists of the 6 classes listed below plus one of three electives for a total of 40 hours. For more information, please visit www.northampton.edu/rovingphotography

#### **Certificate Classes include:**

#### **Core Classes**

- PHOTO100 The Basics of Photo "Making" Not "Taking" -6 hours
- PHOTO101 Secrets to "Finer" Photos 6 hours
- PHOTO102 Pose and Compose 6 hours
- · PHOTO103 Lighting Makes the Difference 6 hours
- PHOTO104 The Digital Darkroom 6 hours (SP24)
- PHOTO105 Photography- Out and About 6 hours (SP24)

#### Electives (one of three required)

- · PHOTO200 Creating a Marketing Plan 4 hours
- · PHOTO201 Social Media and You- 4 hours
- PHOTO202 Making a Business Plan 4 hours
- PHOTO205 Creative Photography and Basic Editing Using Your Smartphone- 4 hours

### Photography: The Basics of Photo Making - Not Taking

Get to know your DSLR or MILC camera. Cover different types of cameras, commonly used shooting functions, and why it is important to use the manual method. Start "making" pictures instead of just "taking" them!

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (55)
 09/19-09/26
 --T-R- 6:30-8:30PM

 Course
 PHOTO100
 Fee \$79

### Photography: Secrets to Finer Photos

Cover the finer details of the digital camera and shooting RAW instead of JPEG. Explore depth of field and how it will make or break an image. Learn lens selection and the impact it has on your finished image.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (54)
 10/03-10/10
 --T-R- 6:30-8:30PM

 Course
 PHOTO101
 Fee \$79

### Photography: Pose and Compose

You will learn how to "pose" people without stiff and awkward postures and consider the differences between posing a male and a female. The class will also explore how to compose a great photograph. Examine what should be included, what should be left out of your shot. Know where to place the subject for maximum impact.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (23)
 10/17-10/24
 --T-R- 6:30-8:30PM

 Course PHOTO102
 Fee \$79

### Photography: Lighting Makes the Difference

Find out how to "see light" and use it as a tool to create better photographs. We will explore working with natural ambient lighting and adding flash or reflectors. Basic studio portrait lighting using inexpensive and DIY lights and reflectors will also be explored.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (20)
 11/02-11/09
 --T-R- 6:30-8:30PM

 Course
 PHOTO103
 Fee \$79

### **Oreating Marketing Materials**

Explore the development of a strong portfolio and how photographers use Internet marketing and social media to build their business. Review how copyrights work and the modeling and location releases, which are needed for all images that are used for marketing purposes.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (14)
 11/14-11/16
 --T-R- 6:30-8:30PM

 Course
 PHOTO200
 Fee \$59



### NEW! Photography-Holiday Lights

Capture the holiday lights around town and process your photos the following class on campus. Saturday class meets in downtown Stroudsburg- exact location will be emailed to you prior to the start of class

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 12/02-12/05
 --T---S
 6:30-8:30PM

 Course
 PHOTO508
 Fee \$59

### Cooking and Entertainment

Kitchen Regulations: To work in the kitchen hair must be tied back with a head covering— hairnet, bandanna, or baseball cap. Closed toe non-skid shoes must be worn when working in the kitchen. Students are required to meet the dress code in order to participate in class. No refunds will be issued as a result of being excused from class due to a dress code violation.

In addition, **Long pants, shirts with sleeves, and aprons are recommended.** Remember not to wear loose, floppy clothing, and jewelry when working around the stoves.

Glass is not permitted in the kitchen. Bring plastic containers since there are usually leftovers to take home.

### **MIXOLOGY**

Students must be at least 21 years old to attend mixology classes

#### NFW! Vodka Cocktails

Vodka cocktails use the neutral taste of vodka to blend seamlessly with just about anything. From the Cosmopolitan to the Moscow Mule, check out some of the best vodka drinks and start mixing. Must be 21 or over to attend this class.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 10/02
 -M---- 6-8PM

 Course
 DRINK173
 Fee \$39

### COOKING

#### **Knife Skills 101**

Our Chef will be joining us tonight to teach us how to chop, dice and slice with the best of them! If you have always wanted to be able to chop an onion in no time, then this is the class for you. Bring your favorite knife and chop away.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (37)
 09/28
 ----R- 6-9PM

 Course
 COOKS122
 Fee \$49

### French Baking with Guy

Join us for some baking with a French flair that only Guy can provide! Learn how to make some of his favorite specialties that include Flan Patissier, scones and granny's pie. Students must be at least 21 to attend class as some recipes use alcohol.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (2)
 10/19
 ----R- 6-9PM

 Course
 COOKS638
 Fee \$49

### **Teambuilding Programs**

Get your team back to its best; reconnect with your colleagues



## CREATE, INNOVATE AND DESIGN IN THE MONROE MAKER SPACE

Team projects with laser engravers, 3D printers fabric printers and more



## COOK, EAT AND BOND IN THE MONROE TEACHING KITCHEN

Prepare, cook and enjoy a meal with your co-workers

### Cheese Making I

Welcome to the world of home cheese making. Learn how to make fresh ricotta and mozzarella, and cream cheeses using fresh milk purchased right from the local grocery store. Never purchase a store brand cheese again!

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (19)
 10/26
 ---R- 6-9PM

 Course
 COOKS155
 Fee \$49

### **Making Fresh Pasta**

Nothing tastes better than making fresh pasta from scratch using a pasta machine and then pairing it with a favorite sauce! Learn the simple techniques to this delicious indulgence.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (12)
 11/09
 ----R- 6-9PM

 Course
 COOKS288
 Fee \$49

### **Holiday Appetizers**

Take the stress out of entertaining. Learn how to make great tasting, easily prepared appetizers for your holiday get-togethers. Make both hot and cold appetizers, plus some dips and spreads. Serving techniques used to make an impressive presentation will be discussed.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (13)
 11/15
 ---W-- 6-9PM

 Course
 COOKS118
 Fee \$49

### **Christmas Cookies**

MORE NEW RECIPES!! Remember the cookie swaps, where everyone would go home with a great selection of cookies without the work of making ALL of them? Come and learn how to make beautiful Christmas cookies and then take home a beautiful array of treats.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (11)
 12/06
 ---W-- 6-9PM

 Course
 COOKS107
 Fee \$49

### Calling all Notary Agents and those who would like to become a commissioned notary in the Commonwealth.

Northampton Community College is an approved provider for the Notary Public Licensure and Renewal in the Commonwealth. Notary Basics meets the educational requirements for continuing education, see the Finances section.



### Dance/Fitness/ Sports

### DANCE

### **ONLINE CLASSES**

Ballet classes: Substitute a chair or table if you do not have a ballet barre at home.

### **Beginning Ballet Barre**

Elementary ballet barre training for any age. Specific development of feet and arm positions, carriage of the body, and ballet exercises at the barre.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (7)
 09/11-10/30
 -M---- 7-8PM

 Course
 DANCEON102
 Fee \$97

#### **Intermediate Ballet Barre**

Intermediate ballet barre training for adults of any age designed to build on the skills mastered in Beginning Ballet. The exercises are more advanced and there is more attention to detail. Emphasis is put on "dancing" the exercises at the barre as well as proper form.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (7)
 09/11-10/30
 -M---- 8-9PM

 Course
 DANCEON103
 Fee \$97

#### **Ballet Barre Technique**

Focus on the proper use of muscle sets for the barre exercises as well as technique to perform the exercises correctly. Each exercise is broken down to its components and each component is worked on separately. Positions of the arms, feet, head, and proper alignment of the body are all addressed.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (7)
 11/13-12/04
 -M---- 7-9PM

 Course
 DANCEON104
 Fee \$97



### **NEW! Belly Dance**

Learn a fun way to express yourself through flowing movement while increasing your flexibility and balance. This class will teach the basic movements of traditional and fusion dance steps. No experience necessary. All body types.

Course	DANCE173		Fee \$55
(2)	11/06-12/11	-M	5:30-6:30PM
(1)	09/25-10/30	-M	5:30-6:30PM
SEC	DATE(S)	DAY(S)	TIME(S)

### **FITNESS**

### **ONLINE CLASSES**

### **Chair Yoga**

With a chair for support, challenge your body and mind through strengthening, stretching, relaxing and breathing. Flexibility and muscle tone will continually improve as your mind, body and spirit work together in harmony. Perfect for those who have issue getting up and down from the floor. No class 11/23.

SEC	DATE(S)	DAY(S)	TIME(S)
(1)	08/29-10/05	T-R	5:30-6:15PM
(2)	10/17-11/28	T-R	5:30-6:15PM
Course	FITON108		Fee \$99

### **NEW! Workshop-Yoga for Bone Health**

Attend a one day workshop to learn how yoga can benefit your bone health, whether you currently have osteoporosis or want to prevent bone problems as you age. Class begins the following week after this workshop.

Course	FIT344		Fee \$9
(1)	09/13	W	5:30-6:30PM
SEC	DATE(S)	DAY(S)	TIME(S)

### Slow & Gentle Flow Yoga

Enjoy a softer, nurturing, slower paced relaxing practice with new poses proven to increase bone health. Class includes carefully orchestrated movements including range of motion exercises, breathing techniques and meditation. Appropriate for everyone.

SEC (14)	DATE(S) 09/20-10/25	DAY(S) W	TIME(S) 5:30-6:30PM
(15)	11/01-12/13	W	5:30-6:30PM
Course	FIT310		Fee \$55

### **SPORTS**





### NEW! PICKLEBALL COMES TO THE MONROE CAMPUS WITH ST LUKE'S

Have fun learning and playing the fastest growing sport on the planet: Pickleball. The rules are simple and the game is easy to learn. It combines many elements of tennis, badminton and ping-pong. All you need are sneakers and a paddle. Classes and Open Play sessions are offered in the daytime, evenings and weekends at a cost of \$5 per session. Additional fees for tournament and league play.

### NEW! An added Pickleball program: FIT at Pickle

The "Fit at Pickle" program is a fitness, weight loss and lifestyle health program run by the Fit for Life experts at St. Luke's Sports Medicine. The goal of the Fit for Life Program is to help participants improve their fitness, lose body fat and implement health behavior changes that can be maintained for a lifetime. Cost is \$20 each month you want to participate.

#### **Program includes:**

- Pre and post Body Comp FIT (Optional)
- Access to Monthly Nutrition and other Health Topics
- · Optional Weekly Check-In for Accountability

Sign up and pay for either of these new programs after you download the Team Reach app. Use group code: PSSL Schedule can also be found in the app.

For more information please email monroecalinfo@northampton.edu

### The Basics of Pistol Shooting

Certified pistol instructors will teach NRA's rules for safe gun handling; pistol parts and operation; shooting fundamentals; shooting from the bench rest position and continued opportunities for skill development. Students will receive the NRA Guide to the Basics of Pistol Shooting handbook, and course completion certificate. Sunday class is on range for a live shoot.

Course	SPORT133		Fee \$139
	10/01	U	10AM-Noon
(6)	09/25-09/27	-M-W	6-9PM
SEC	DATE(S)	DAY(S)	IIME(S)

### **Fencing for Adults**

Learn an exciting sport. Fencing develops good coordination, speed and strategic planning. Practice basic skills such as parries, advances, retreats and attacks while getting some great exercise! Equipment is provided for use during class. No class 11/25.

DODT424		Fee \$119
09/30-12/09	S	10-11:30AM
DATE(S)	DAY(S)	TIME(S)
	DATE(S) 09/30-12/09	,

### NEW! Self Defense-Staying Safe in a Dangerous World

Learn techniques to "stun and run", enabling you to escape from an attacker. Practice these techniques in a supervised setting. Discuss scenarios predators use to trick people, so they can attack, rob, abduct! This class is a must for everyone, male and female. Taught by a 6th degree black belt.

Course	FIT342		Fee \$49
(2)	11/07-11/28	T	6-7PM
(1)	10/03-10/24	T	6-7PM
SEC	DATE(S)	DAY(S)	TIME(S)



### **Wellness/Spirituality/Special Interests**

### **WELLNESS AND SPIRITUALITY**

#### **ONLINE CLASSES**

### **Positive Aging**

Our beliefs on aging play a huge role in our happiness and health. Learn about ways to thrive at any age and gain perspective on the aging process. Examine truths and myths of aging and cultivate a positive approach to your future years. See the new possibilities that this stage of life can bring.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (3)
 8/8
 --T--- 6-8PM

 Course
 WELLNON248
 Fee \$29

### Discover More About Yourself Thru Guided Meditation

How well do you know yourself? Together, we will go deep within the subconscious mind to discover the blocks, fears, and what is holding you back. We will use guided imagery to help you release your past, explore deep within yourself, and access higher guidance.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 9/19
 --T--- 6:30-8:30PM

 Course
 WELLNON348
 Fee \$29

### Setting Boundaries and Building Positive Relationships

Do you have a difficult time saying no, asking for help and telling others what you need? If so, setting strong, clear, healthy boundaries or limits can increase your effectiveness in getting your needs met, maintaining your self-respect, and taking better care of yourself.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 9/21
 ----R- 6:30-8:30PM

 Course WELLNON351
 Fee \$29

### **HELP for Aching Hands!**

Spending too much time scrolling through your phone or hunched over your computer? Disengage from these activities and practice simple exercises that will relieve the cramping in your hands and wrists, improve circulation and more.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (5)
 9/25
 -M---- 6:30-8PM

 Course
 WELLNON285
 Fee \$44

### Staying Centered as the Storm Swirls Around You

Become aware of the various ways you tend to emotionally react to the people and events around you. Learn effective techniques to help you come back to your calm, clear center and find your inner peace.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (2)
 9/26-10/3
 --T--- 6:30-8:30PM

 Course
 WELLNON298
 Fee \$59

### Who Am I? Finding Yourself in Midlife & Beyond

The label midlife means something different for everyone. For many, it brings up images of our parent's midlife which is not the same vision we have for ourselves. Midlife is a chapter in life only you can define; it's the perfect time to create the life you want to live.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 10/19
 ----R 6:30-08:30PM

 Course WELLNON352
 Fee \$29

### **Being Empathic**

Being empathic can be a great experience if you know how to manage your life as an empath. We will discuss how to understand your gifts of empathy and navigate your world by honoring your sensitivities. We will discuss how to know if you are empathic, how to stop absorbing other people's emotions, how to show up in your relationships, how to protect yourself, and working with your intuition and gifts.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 10/26-11/9
 ----R- 6:30-8:30PM

 Course
 WELLNON349
 Fee \$69

### Healthy Coping Strategies for Stress & Anxiety

Create a balanced lifestyle by relieving stress and anxiety. Learn the signs of "burnout," the impact of stress and anxiety on your body and ways to simplify your life. Discover simple techniques to help you feel less stressed, more balanced, and optimistic. Feel more empowered, motivated and healthier.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 11/14
 --T--- 6:30-8:30PM

 Course
 WELLNON353
 Fee \$29

### The Magi and the Star Child

Using Brent Landau's Revelation of the Magi as our primary source, we'll hear the wondrous tale of the Magi's experiences with the coming of Christ as He takes the form of a luminous Star Child who leads them to Bethlehem.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (3)
 11/29
 ---W-- 6:30-9PM

 Course
 WELLNON323
 Fee \$39

### **Creating YOU 2024**

Creating YOU 2024 is a group coaching experience to help you make changes in your life for the upcoming year. We will discuss what changes you would like to make, and how to discover your voice in these changes and embrace your inner power. We will discuss the good and the challenging of 2023, and then create a strategy to step into the new year of 2024 strong!

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 12/4-12/11
 -M---- 6:30-8:30PM

 Course
 WELLNON350
 Fee \$49

continued from previous page

#### The Watchers

Who are these mysterious beings who some say came down from heaven and have been interacting with humanity since humanity's beginning? Examine passages in the Bible and the apocryphal Book of Enoch as well as more recent writings from every day people who have had personal encounters with Watchers.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 12/4
 -M---- 6:30-9PM

 Course
 WELLNON347
 Fee \$39

### SPECIAL INTERESTS

### **ONLINE CLASSES**

### **Handwriting Analysis**

Basic course (ONLINE) on fundamentals of handwriting analysis, student will learn how to determine writer's personality traits from their handwriting. Also learn practical uses for it & reasons to take it seriously as a legitimate technique within psychology. Never boring, handwriting analysis is both fun & serious. Course will change the way you look at yourself and others.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 10/12
 ---R 7-9PM

 Course
 OTHERON126
 Fee \$29

### **NEW! Genealogy**

Learn how to trace your family history by gathering and interpreting information and the best ways to use Ancestry (and other sites) and DNA to help solve your family mysteries. You may be surprised what you find!

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 10/05-10/26
 ----R- 6:30-8:30PM

 Course
 OTHER161
 Fee \$49

## PROFESSIONAL WRITING CERTIFICATE

Learn writing techniques essential to succeed in business

- · Improve organization, logic and style
- Focus on effective business writing for emails, letters, memos and more
- Craft clear, concise messages for social media content
- See page 12 for courses offered this Fall. See page 12 for courses offered this Fall. See page 12 for courses offered this Fall.

### NEW! SAMPLE A CREDIT CLASS AT A COMMUNITY EDUCATION PRICE!

### Join NCC's credit students for a great learning experience.

You will be given options to sign up for segments of the classes listed below to explore different course topics within each class.

Look for course specific dates at https://www.northampton.edu/community-education/ personal-enrichment-and-interest.htm

Or call 570-369-1881 for more information and pricing.

### **Select Topics in Shakespeare's Plays**

Explore Shakespeare's world and his relevance to ours. Read one of Shakespeare's play and learn how to read his language accurately and imaginatively. Discover how historical, political, and cultural contexts shape the way we interpret his writings and why his work is still important. Taught by Professor Erik Grayson.

DAY(S) TIME(S)
--T-R-- 3:30-4:51PM

Course OTHER157

### **Appreciating Film Making**

Get a more in-depth view of the technical and artistic elements that go into making a film. Taught by Professor John Tindell.

DAY(S) TIME(S)
T-R-- 2-3:21PM
Course OTHER158

### What is Health Psychology

Learn about the expanding field of health psychology. Take a look at how biological, psychological, and social factors influence health, especially as they relate to chronic and life-threatening illnesses. Taught by Assistant Professor Megan Noceck.

DAY(S) TIME(S)
---W--- 12:30-1:51PM
Course OTHER159

### Psychological Disorders- Selected Topics

Take a look at the symptoms, causes, treatments and prevention of a psychological disorder. Taught by Professor Cyd Skinner.

DAY(S) TIME(S)
-M-W--- 11AM-12:21PM
Course OTHER160



### **Finance/Business/Real Estate**

#### **ONLINE CLASSES**

### **Notary Basics and Renewal**

Overview of the Commonwealth of Pennsylvania's licensing regulations and prepares licensee candidate to take the exam. Become familiar with the rules and regulations all Notaries must abide by as well as common issues they will encounter in the performance of their duties. Prepare for the test or satisfy your educational requirement for the Notary Public Licensure and Renewal in the Commonwealth of Pennsylvania.

Cou	rse NOT100		Fee \$114
(63)	12/6	W	6-9PM
(62)	9/27	W	6-9PM
(57)	8/14	-M	6-9PM
SEC	DATE(S)	DAY(S)	TIME(S)

### **NEW! Urban Gardening**

Get the information you need to start a garden in an area without a lot of space. Upon completing the course, you will be ready to create a garden from scratch, know how to keep up and expand your garden year after year.

Course	REA114		Fee \$59
(1)	09/19-09/26	T	6:30-8:30PM
SEC	DATE(S)	DAY(S)	TIME(S)

### **NEW! Find It, Fix It, Flip It Real Estate**

This course is for the novice and veteran flipper alike. Learn how to use the MLS system and use foreclosure information to find homes. Take a look at budgeting for the rebuild and how to hire a contractor and flip your property for a profit.

Course	REA115		Fee \$59
(1)	10/18-10/25	W	6:30-8:30PM
SEC	DATE(S)	DAY(S)	TIME(S)

### **Mortgage Notary Signing Agent**

This introduction to the Commissioned Pennsylvania Notaries, covers the basic skill set necessary to conduct mortgage closings. Learn about the legal documents included in a loan closing package and review the duties required to satisfy the requirements of lending institutions. **Please note:** You do not have to be a licensed notary to take the course but you must be a currently commissioned Notary in the Commonwealth of Pennsylvania in order to perform the duties of a signing agent.

Course	<b>REA100</b>		Fee \$159
52)	10/28	S	10AM-2PM
SEC	DATE(S)	DAY(S)	TIME(S)

### **NEW! Interior Design**

Learn what interior designers do, how they are trained, and qualities necessary to succeed in this line of work. Explore topics within interior design to develop an understanding of how interior projects are managed. This will help you decide whether to hire someone or if you can do it yourself.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 11/02-11/09
 ----R- 6:30-8:30PM

 Course REA113
 Fee \$59



### Language/Writing

### LANGUAGE

### **ONLINE CLASSES**

#### **Intermediate French**

Continue your study of French by learning more advanced grammar and vocabulary. Textbook required: check online listing. Prerequisite: French 4 or equivalent. No class 11/22.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 9/20-12/13
 ---W-- 6-7:20PM

 Course
 LANGUON125
 Fee \$199

### Advanced French Grammar and Conversation

Would you like to use the French you learned in high school or college? Practice speaking and build your vocabulary and grammar knowledge with the help of an instructor. Prerequisite: Intermediate French - having a good command of all tenses, or approval of instructor. No class 11/22.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (3)
 09/20-12/13
 ---W-- 7:30-9PM

 Course LANGUON121
 Fee \$225

#### German I

Sprechen Sie Deutsch? Do you speak German? If not, join other beginners to learn basic vocabulary, sentence structure and practical expressions geared to the necessities of communicating with German speaking people for business or pleasure or for travel in Germany. Cultural aspects and geography included.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (5)
 09/11-11/15
 -M-W-- 7-8PM

 Course LANGUON112
 Fee \$225

#### **German III**

Nett, Sie wiederzusehen. Expand on German I and II, and enjoy a rewarding endeavor in one of the most important world languages, so rich in traditions and culture. Use a communicative approach while still covering the important grammar topics and structures used in everyday communication. Selected readings provide a glimpse into life and culture in German speaking countries.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (4)
 09/12-11/16
 --T-R- 6-7PM

 Course LANGUON111
 Fee \$225

#### **Conversational German**

Continue the journey into German language, culture and traditions. Focus on strengthening speaking skills and extending vocabulary. Exchange ideas, opinions and information based on focused texts and topics. Learn more advanced problems of German grammar, like subjunctive and passive voice. Students should have taken German previously, have the ability to speak and read some German, and know basic grammar.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (8)
 09/13-11/17
 ---W-F 6-7PM

 Course LANGUON105
 Fee \$225

### **WRITING**

### **ONLINE CLASSES**

### PROFESSIONAL WRITING CERTIFICATE

The Certificate in Professional Writing delves into writing essential to business. Gain an understanding of the art of communication and tips to make anyone a power writer. Whether you are in an entry level position or are an accomplished writer, this certificate can be completed in one semester. Students may take an individual course based on interest if not seeking the certificate.

### The Writing Process

Learn to write with increased confidence. Identify grammatical and punctuation problems in your writing. Practice organizing information and ideas logically and efficiently. With this refresher course, learn how to impress others with improved writing skills.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (8)
 10/4-10/11
 ---W-- 7-9PM

 Course
 WRITE300
 Fee \$59

### **Effective Business Writing**

Learn how to improve your skills in writing effective emails, letters, memos and reports so you can be more productive at your job. Streamline content for maximum effectiveness.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (7)
 10/18-10/25
 ---W-- 7-9PM

 Course
 WRITE301
 Fee \$59

### **Writing for Social Media**

Learn how to connect with your audience on social media. Customize content for the specific audience and delivery method. Learn about effective on line writing strategies to communicate effectively.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (8)
 11/1-11/8
 ---W-- 7-9PM

 Course
 WRITE302
 Fee \$59

### From Memory to Memoir - Writing the Stories of Your Life (online)

There are many benefits to turning your memoirs into a written story. By writing, you develop your writing skills, feel more connected to your past and find a language with which to share your experience with others. This class will guide you through simple steps to gather the material, write it in scenes and then organize it for reading by others.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 9/26-10/17
 --T--- 6-8PM

 Course
 WRITEON108
 Fee \$100





### **Coming this Fall!!!**

### 1 Million Cups meets LIVE at the NCC Monroe Campus.

Third Wednesday of each month 9-10am

Come learn about and support new local business in our area

**FREE and Open to the Public** 

For more information, please email monroecalinfo@northampton.edu

1 Million Cups is a free, national program designed to educate, engage, and connect entrepreneurs with the community. Developed by the Kauffman Foundation, 1MC is based on the notion that entrepreneurs discover solutions and network over a million cups of coffee.

1 Million Cups, Building Communities One Cup at a Time.

## Hannig Family Children's Center

### ON-GOING OPEN ENROLLMENT

### Early Care and Education, Monroe Campus

Open Monday – Friday, 7:30 am – 6:00 pm

Serving families with children ages 6 weeks to Kindergarten entry!

Come visit Hannig Family Children's Center to discover how our unique program can support positive outcomes for your child's growth and development.

Visit www.northampton.edu/ece or call 570-369-1860.

www.facebook.com/hannigchildrenscenter

NORTHAMPTON COMMUNITY COLLEGE



### CENTER FOR INNOVATION AND ENTREPRENEURSHIP

#### **ONLINE CLASSES**

### Starting Your Own Business: The First 100 Days

If you are thinking about starting your own business, you need to understand what you need to accomplish in the first 100 days. You may have a good understanding of your product or service, but do you understand the business aspect? In other words, have you crossed your t's and dotted your i's?

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (11)
 8/1
 --T--- 6-8PM

 Course CIENC101
 Fee \$10

### Accounting and Record Keeping for Your Small Business

Proper book-keeping is essential for every small business. A significant number of small businesses lack internal checks and balances when it comes to maintaining their finances. This can lead to serious problems which can lead to costing the businesses time and money. This short course will look into best practices when it comes to maintaining your books.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (4)
 8/17
 ----R- 6-8PM

 Course CIENC114
 Fee \$10

### **Independent Consultant Startup**

A significant number of people these days are starting their small business as independent consultants. This is also true especially with individuals who have recently retired or those who are going through a career change. Especially with the movement towards remote working this trend is only going to increase. This short workshop will focus on the do's and don'ts of starting a business as an independent consultant.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (4)
 9/21
 ----R- 6-8PM

 Course CIENC116
 Fee \$10

### Why and How to Write a Business Plan

If you are currently managing or thinking about starting a small business, a business plan is crucial. A business plan serves as a road map and is developed over time. This short workshop will help you get started on your business plan. You will be exposed to the different parts of a business plan and how to put it together in the context of your business.

SEC DATE(S) DAY(S) TIME(S)
(4) 10/10 --T---- 6-8PM

Course CIENC117 Fee \$10

### **Developing Your Marketing Plan**

Having a well thought out marketing plan is essential for any small business. An effective marketing leads to sales increases. But many small businesses do not give adequate attention to their marketing. This workshop will show participants how to create and implement an effective marketing plan.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (4)
 10/19
 ---R- 6-8PM

 Course CIENC118
 Fee \$10

### **Grow Your Business with Google Tools**

This workshop is designed to teach you how you can effectively utilize Google tools to grow your business. Focus will be on learning how to effectively use Google to reach new customers with a very small budget. The workshops will focus on effectively using YouTube, Google Search and Maps, Google Analytics and Google Business Suites.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (3)
 11/1
 ---W-- 6-8PM

 Course CIENC119
 Fee \$10

### **Managing Your Personal Finance**

How you manage your personal finance dictates your future to a large degree. If you are planning to start a business, your personal financial health matters a lot. This workshop will focus on ways you can build your personal financial health over a period. The workshop will focus on do's and don'ts and also guide you on how to read your personal credit score.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (3)
 11/7
 --T--- 6-8PM

 Course CIENC121
 Fee \$10

### **Build Your Business Website with Google Sites**

This workshop is designed to teach you how to build a basic yet effective website for your business using Google Site. Focus will be on learning how to effectively integrate Google Site with other Google products and tools you might be using. This workshop will be meaningful for beginner to intermediate Google users.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 11/8
 ---W-- 6-8PM

 Course CIENC128
 Fee \$25

#### **Grow Your Business with Google Analytics**

This workshop is designed to teach you how to effectively utilize Google Analytics to monitor and grow your customer traffic to your business website. The workshop will cover how to integrate Google Analytics with your business website. It will be meaningful for beginner to intermediate Google users.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 11/15
 ---W-- 6-8PM

 Course CIENC126
 Fee \$25

continued from previous page

### **Grow Your Business with Google AdWords**

This workshop is designed to teach you how to effectively utilize Google AdWords to advertise for your products and service in Google search. The session will include setting up your AdWords account and learning how to integrate it with your business website and analytics. This workshop will be meaningful for beginner to intermediate Google users.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 11/22
 ---W-- 6-8PM

 Course
 CIENC127
 Fee \$25

### **Product Development**

For any small business to survive and thrive, continuous product and service development is vital. But this process is costly. Participants will learn what role "design thinking" plays in product and service development including testing prototypes. This course is a requirement for students pursuing a certificate in Small Business Management & Entrepreneurship.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (5)
 1/15-3/13
 -M-W-- 6-9PM

 Course CIENC400
 Fee \$450

### Forming Your Business in the State of Pennsylvania

If you are planning to start a business in Pennsylvania, then this workshop is for you. This workshop will focus on steps that you need to take in order to properly form your business in Pennsylvania. The workshop will also cover basic business structures that you should consider.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (2)
 1/18
 ---R- 6-8PM

 Course CIENC122
 Fee \$10

### **Government Contracting**

State and federal governments award trillions of dollars' worth of contracts each year and most small to mid-sized businesses are eligible to apply for such contracts. Finding out how and where to apply for these contracts can be challenging for most small businesses. This workshop will allow participants to learn the process of applying for state and federal government contracts. The workshop will also explore easily available resources

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (2)
 1/25
 ---R- 6-8PM

 Course CIENC123
 Fee \$10

### FIND US ON



### One Facebook page for ALL Monroe noncredit offerings!

- · Stay Connected
- · View Photos
- · Discover New Classes

### "Community Programs Connection... Your Link to Lifelong Learning"

To receive this email publication with interesting information about adult and youth programming at Northampton, call 570-369-1881 or email monroecalinfo@northampton.edu.

### Become a fan: facebook.com/communityprogramsmonroe



## ARE YOU INTERESTED IN SAMPLING A CREDIT CLASS AT A COMMUNITY EDUCATION PRICE?

### See what we are offering this fall on p 10

Choose from topics on Shakespeare, Film and Psychology
Sign up for a "unit" that lasts only a few weeks
Great learning with little commitment

### **CENTER FOR BUSINESS AND INDUSTRY**

### **Healthcare Education**

### **CPR/FIRST AID**

The American Heart Association strongly promotes knowledge and proficiency in BLS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association, and any fees charged for such a course does not represent income to the Association.

Need training for your office or a group? Call 570-369-1867 or email healthcare@northampton.edu for more details about having us come to your site for CPR/First Aid Training. Also, we have manikins available for community groups for teaching classes. Nominal fee required.

#### PLEASE NOTE FOR ALL CLASSES BELOW:

CHILDCARE IS NOT PROVIDED DURING ANY CLASS TIME. PLEASE MAKE CHILDCARE ARRANGEMENTS PRIOR TO CLASS. Class starts promptly at the published time. Please arrive 15 minutes before class. If you are more than 15 minutes late for class, you will not be allowed admission.

Full day classes please bring a lunch.

### **Basic Life Support for Healthcare Providers**

Designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use of an AED and relieve choking in Adult, Child and Infant, in a safe, timely and effective manner.

Course	CPRFA500		Fee \$160
(34)	12/02	S	9AM-3:30PM
(32)	10/14	S	9AM-3:30PM
SEC	DATE(S)	DAY(S)	TIME(S)

### Basic Life Support for Healthcare Providers Renewal

Designed to provide healthcare professionals the ability to review changes in basic life support and to renew their healthcare certification. Includes adult, child and infant. Prerequisite: Current BLS for HCP card must be presented to the instructor the day of class. If your BLS certification is expired, please contact Natalia Gomez at 610-861-4141 or at ngomez@northampton.edu before registering for a BLS Renewal class.

Course	Fee \$10		
(31)	11/13	-M	6-10PM
(28)	09/11	-M	6-10PM
(25)	08/07	-M	6-10PM
SEC	DATE(S)	DAT(S)	I I IVI E (S)

#### AHA Heartsaver CPR AED

DATE(C)

Teaches adult, child and infant CPR and AED use, as well as how to relieve choking on an adult, child and infant. This course teaches skills with AHA's research-proven Practice-While-Watching (PWW) technique, which allows instructors to observe, provide feedback and guide the students' learning of skills.

Course	CPRFA600		Fee \$100
(13)	08/21	-M	6-10PM
SEC	DATE(S)	DAY(S)	TIME(S)

#### **AHA Heartsaver First Aid**

Teaches students critical skills to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies.

Course	CPRFA601		Fee \$100
(15)	09/18	-M	6-9PM
(12)	08/14	-M	6-9PM
SEC	DATE(S)	DAY(S)	TIME(S)

### AHA Heartsaver First Aid, CPR, AED

Teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult, child and infant CPR and AED use.

SEC	DATE(S)	DAY(S)	TIME(S)
(16)	11/18	S	9AM-3:30PM
Course	CPRFA602		Fee \$160

### CPR/EARLY CHILDHOOD EDUCATION

Childcare is not provided during any class time. Please make childcare arrangements prior to class. Class starts promptly at the published time. Please arrive 15 minutes before class. If you are more than 15 minutes late for class, you will not be allowed admission to the class.

If you have more than 10 students for training, please call 570-369-1867 or email healthcare@northampton.edu to set up training at your facility.

### AHA Heartsaver Pediatric First Aid with Child-Infant CPR, Choking (FBAO)

Designed to meet the regulatory requirements for child care workers. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until emergency medical services arrive. The course covers Pediatric First Aid, Child-Infant CPR AED and choking.

Course	ECEHS604		Fee \$55
(29)	12/04	-M	6-10PM
(27)	11/6	-M	6-10PM
(26)	10/23	-M	6-10PM
(23)	09/25	-M	6-10PM
(21)	08/28	-M	6-10PM
SEC	DATE(S)	DAY(S)	TIME(S)

### The following skills checks are held at:

Northampton Community College Fowler Family Southside Center 511 East Third St., Bethlehem, PA 18015 570-369-1867 – Fee \$69 each

Please call 570-369-1867 to schedule your one hour skills check. Please bring your online certificate from Part I and your receipt of payment to your skills check.

### BLS for Healthcare Providers Part II Skills Check

Skills session is open to those who have completed Part I of the BLS Healthcare Provider Online Initial Course offered at www.onlineaha.org — click on find a course, click on BLS, and then click on HeartCode BLS.

#### **Heartsaver First Aid Part II Skills Check**

Skills session is open to those who have completed Part I of the Heartsaver First Aid Online Course at www.onlineaha.org.

### Heartsaver CPR and AED Part II Skills Check

Skills session is open to those who have completed Part I of the Heartsaver CPR and AED Online Course at www.onlineaha.org.

### Heartsaver First Aid with CPR and AED Part II Skills Check

Skills session is open to those who have completed Part I of the Heartsaver First Aid, CPR and AED Online Course at www.onlineaha.org.

### Heartsaver Pediatric First Aid, CPR, AED Skills Check

Skills session is open to those who have completed Part I of the Heartsaver Pediatric First Aid, CPR and AED Online Course at www.onlineaha.org.



### **HEALTHCARE CAREERS**

### Online - Pharmacy Technician Training & Exam Prep Program

Excellent for those seeking an entry-level position in a retail pharmacy setting or those working in the field who would like to expand their employment opportunities. In 30 hours, this course prepares students for the CPhT certification Exam and those that pass are granted the title of Certified Pharmacy Technician (CPhT). The ExCPT Exam is offered through the National Health Career Association (NHA) and is NCCA approved. Exam fee of \$125 is not included in the tuition.

Cour	Fee \$795			
(24)	10/10-11/16	T-R	7:30-10PM	ONLINE
SEC	DATE(S)	DAY(S)	TIME(S)	CAMPUS

### Online - FREE Community Health Worker Information Session

Are you a trusted member of the community, want to have a positive impact on your community, and have a passion for helping others? As a Community Health Worker (CHW), you will help individuals overcome barriers to care by linking them to their local community resources. The Affordable Care Act mandates that CHWs are to be members of health care teams in patient-centered medical homes or in accountable care organizations causing this to become a growing field. Our Community Health Worker (CHW) training program provides the tools to be successful in a new career with the potential of earning \$14.00 per hour. Join us for a free fact finding information session to learn about the career, training program and how to get started.

Cou	rse HINFO	102		Fee FREE
(75)	10/24	T	1-2PM	ONLINE
(74)	10/10	T	11-12PM	ONLINE
(73)	09/19	T	1-2PM	ONLINE
SEC	DATE(S)	DAY(S)	TIME(S)	CAMPUS
				•

### **Online Free Nurse Aide Information Session**

Get the information you need to join the fastest growing industry in America in less than a month of training. One out of every five jobs created is in healthcare. Looking to enter this high demand industry? Our Nurse Aide (CNA) training program provides the tools to be successful in a new career with the potential of earning \$10-\$15 per hour. Join us for a free fact finding information session to learn about the career, training program and how to get started. Attendance is strongly encouraged if you're considering taking the CNA class so you understand the program requirements and any updates.

Course HINFO100				Fee FREE
(116)	11/8	W	5:00 PM	ONLINE
(115)	10/4	W	5:00 PM	ONLINE
SEC	DATE(S)	DAY(S)	TIME(S)	CAMPUS

### Online FREE Phlebotomy Information

Interested in learning about a career in phlebotomy? Attend a free information session to learn about the career, program and program requirements.

Cour	Fee FREE			
(11)	08/29	T	6 AM-8 PM	ONLINE
SEC	DATE(S)	DAY(S)	IIME(S)	CAMPUS

### **Phlebotomy Technician**

Comprehensive course in the fundamentals and practice of phlebotomy (blood specimen collection). Lecture topics include venipuncture, capillary collection, safety, medical terminology, orientation to the clinical laboratory and health care, and specimen handling and processing as well as vital signs (T, P, R, BP, pulse ox). Students spend 120 hours practicing blood collection techniques under supervision. The student then must complete 100 successful sticks at a clinical site. Upon completion of the course, students are eligible to sit for national certification examinations and may seek employment as phlebotomists. Additionally, students become certified in American Heart Association Basic Life Support for Healthcare Providers.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (12)
 09/18-01/17
 -M-W-- 8AM-NOON

 Course PHLEB100
 Fee \$1799

### **Emergency Medical Responder**

Entry-level skills oriented course involving hands-on training in the emergency care of the sick and injured. Basic emergency medical training for fire, police, EMS, and industry first responders. For more details, course dates and times, and requirements for entry go to www.northampton.edu/ems.

### National Registry Emergency Medical Technician-Basic (NREMT-B)

Intermediate-level skills oriented course involving extensive hands-on training in the emergency care of the sick and injured. Fundamental training required for emergency medical services personnel. For more details, course dates and times, and requirements for entry go to www.northampton.edu/ems.

These certification courses are eligible under the Emergency Services Membership Program for Northampton County responders.



### NURSING CONTINUING EDUCATION

Northampton Community College is partnering with Elite Healthcare to provide Online Nursing Continuing Education courses

Elite is a comprehensive online learning destination designed for professionals to get more out of continuing education. Extend your nursing skill set with new courses and tools. Our featured products include evidence-based courses and content you won't find anywhere else.

Elite is accredited as a provider of nursing continuing education by the American Nurses Credentialing Center's Commission on Accreditation.

Enroll today at https://www.elitecme.com/referral/ncc-nursing/

Use promo code: NCCNURSING20

### HEALTHCARE CONTINUING EDUCATION

Additional courses are being offered at the NCC Fowler Family Southside Center. For information, please visit www. northampton.edu/healthcare or call 570-369-1867.

- Nurse Aide Training
- · Phlebotomy Technician
- RN/LPN Reactivation/Review Program

### Improving Radiographic Techniques for the Dental Team

Join your colleagues to use discussion, problem-solving, and sharing of best practices to enhance radiographic techniques and the quality of your radiographic/digital images and to ensure diagnostic films and client safety. Participants will self-identify concerns or areas where improvement is desired and cover a variety of topics designed to meet the continuing education requirements for PA dental radiographers.

Date to be determined.

### **Annual Dental Symposium**

Topic and date to be determined.

Sign up for our email list today at www.northampton.edu/dentalconed to be notified when details are available.

## **Information Technology and Computer Training**

### **CYBER SECURITY**

### NORTHAMPTON COMMUNITY COLLEGE PARTNERING WITH EC-COUNCIL

NCC has teamed up with the EC-Council to offer these courses: Certified Network Defender, Certified Ethical Hacker, and Certified Cybersecurity Technician. For more information about our offered certificates and to register, reach out to us at CALinfo@ northampton.edu. Receive information about the offered course modalities, pricing, and your EC-Council contact.

### **Certified Network Defender (CND)**

This course is a skills-based, lab intensive comprehensive network security certification training program based on the security education framework and work role task analysis presented by the National Infocomm Competency Framework (NICF) as well as a job-task analysis and cybersecurity education framework by the National Initiative of Cybersecurity Education (NICE). The course has also been mapped to global job roles and to the Department of Defense (DoD) job roles for system/network administrators. The program prepares network administrators how to identify what parts of an organization need to be reviewed and tested for security vulnerabilities and how to reduce, prevent, and mitigate risks in the network. CND covers the protect, detect, respond, and predict approach to network security.

#### **Certified Ethical Hacker**

This course provides an in-depth understanding of ethical hacking phases, various attack vectors, and preventative countermeasures. Learn how hackers think and act to be better positioned to set up your security infrastructure and defend against attacks. By providing an understanding of system vulnerabilities, the course teaches how to protect organizations and strengthen security controls in order to minimize the risk of a malicious attack. Built to incorporate a hands-on environment and systematic process across each ethical hacking domain and methodology, students have the opportunity to work toward proving the required knowledge and skills needed to achieve the CEH credential and perform the job of an ethical hacker.

#### **Certified Cybersecurity Technician**

This course will teach students to validate hands-technicianlevel IT and cybersecurity skills. It is based on an entry-level cybersecurity program engineered by the creators of the Certified Ethical Hacker program to address the global demand for cybersecurity technicians. Students will learn core security skills to pursue and develop their cybersecurity careers as cybersecurity specialists, consultants, network engineers, or IT administrators.



### **COMPUTER CLASSES**

### **ONLINE CLASSES**

### **Microsoft Excel Beginning**

Designed for those looking to gain skills such as: how to perform calculations, how to modify and format a worksheet, print workbook contents, as well as manage larger workbooks.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (12)
 11/8-11/9
 --WR- 8AM-Noon

 Course EXBEGOL100
 Fee \$259

### **Microsoft Excel Intermediate**

Advance your skills with Microsoft Excel in an online class format. Topics included are: advanced formulas, lookup functions, organizing worksheet data with tables, utilizing charts, PivotTables, slicers and PivotCharts.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (11)
 8/2-8/3
 ---WR- 8AM-Noon

 (12)
 12/6-12/7
 ---WR- 8AM-Noon

 Course
 EXINTOL100
 Fee \$259

#### Microsoft Excel Advanced

Designed for experienced Excel users. Workshop will cover lookup and decision-making functions, auditing and error-handling, array functions, date and text functions, importing and exporting, what-if-analysis, and macros.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (3)
 9/14-9/15
 ---WR- 8AM-Noon

 Course
 EXADVOL100
 Fee \$259

### Creating a High Impact PowerPoint Presentation

Part of giving an effective presentation is using your presentation software properly. Visualize yourself using PowerPoint to give a GREAT presentation. When you have completed this online course, you will be able to do just that! You will know how to properly use PowerPoint to enhance your presentation. You will recognize how to WOW your audience and not overwhelm them.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (2)
 10/11-10/12
 ---WR- 8AM-Noon

 Course
 PPTOL100
 Fee \$259

### **Microsoft Outlook Basics**

Email is one of the most widely used methods of communication in the business world today. However, Outlook is more than just email. In this online course, you will learn to use the power of Outlook to help with your email, calendar, and tasks.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (4)
 9/12
 --T--- 8AM-Noon

 Course OUTBA100
 Fee \$125

### IT EDUCATION

### **ONLINE START ANYTIME**

### Google Data Analytics Certificate Program

Designed to prepare learners for jobs in data analysis upon completion of the certificate, the program was developed by Google and covers the fundamentals of data analysis, including the collection, transformation, and organization of data to draw conclusions, make predictions, and drive informed decision making.

#### GITDA100

Fee \$1,850

### Google Project Management Certificate Program

Developed by Google and designed to prepare learners for jobs in project management, the program covers the project management life cycle, managing schedules, budgets, and teams, understanding organizational structures, and how to effectively implement project management best practices.

#### GITPM100

Fee \$1,850

### **Google IT Support Professional Certificate**

Fully developed by Google, this certificate program introduces learners to the fundamentals of IT support that are critical for success as an entry-level IT support specialist. Troubleshooting, customer service, networking, operating systems, system administration and security are taught during this program.

#### GITSP100

Fee \$300

### CompTIA Security +

This global certification validates the baseline skills needed to perform security functions and pursue an IT security career. It establishes the core knowledge required of any cybersecurity role and provides a springboard to intermediate-level cybersecurity jobs and an awareness of applicable laws and policies.

#### SECPL601

Fee \$595

### CompTIA Network +

Organizations and IT professionals face new network challenges and complexities as they navigate through increased security concerns and hybrid working environments. Network+ teaches current skills related to network engineering and prepares professionals to work effectively to support and optimize today's network environments.

#### NETPL108

Fee \$495

### CompTIA A+ Certification

Vendor-neutral certification is preferred qualifying credential for technical support and IT operational roles. A+ demonstrates comprehension of hardware, software, operating systems, system troubleshooting, technology repair, networking, mobility, security, and operational procedures. This online program will prepare you for the CompTIA A+ 220-1101 and 220-1102 certification exam.

#### COMAP220

Fee \$850

### Google Digital Marketing & E-Commerce Certificate

This certificate program is industry-recognized and endorsed by the American Association of Advertising Agencies (4A's) and the American Advertising Federation (AAF). This hands-on, self-paced professional certificate program is designed and taught by experts at Google. It teaches learners how to use tools and platforms across 7 industry-leading partners (Canva, Constant Contact, Hootsuite, HubSpot, Mailchimp, Shopify, and Twitter), and Google Ads and Google Analytics. Like all of Google's certificates, the Google Digital Marketing & E-commerce Certificate is fully online with no prerequisites and can be completed in three to six months of part-time study. Please disregard any "start" or "final enrollment" dates listed on the registration page.

#### GITME100

Fee \$300

### **CDL Driver Training Program**

If you are looking for quality truck driving training with an experienced team that has a proven track record of success, you have come to the right place! NCC has partnered with160 Driving Academy to offer classroom and in-truck instruction that will provide you with practical and personalized instruction as well as accumulated behind-the-wheel hours in 4 to 6 weeks. Classes are offered at our Bethlehem and Monroe campuses.



### **HORIZONS FOR YOUTH**

We offer a variety of classes for students in grades Kindergarten through Grade 9.

Teen Friendly classes (TF) are listed in the adult section of this catalog and are open to students 14 years of age and older.

All materials are included in class fees unless otherwise noted.

When registering online for a youth class, please make sure you set up an account in the child's name

### **GRADES K-2**

#### **Halloween Sweets & Treats**

Learn basic cooking skills as we brew up some ghoulishly good treats for Halloween. Come dressed to cook and bring an apron.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (2)
 10/28
 ------S
 9AM-Noon

 Course MOCK167
 Fee \$49

### **Christmas Cookies**

Learn how to make lots of different types of Christmas cookies and take home a beautiful array of treats for the family.

Course	MOCK179		Fee \$49
(3)	12/02	S	9AM-Noon
SEC	DATE(S)	DAY(S)	TIME(S)

### **GRADES 3-5**

### **Fencing**

Learn an exciting, fast-paced sport! Develop good coordination, speed and strategic planning. Acquire basic skills and have fun fencing with your classmates. Fencing gear is provided for class time. Safety instruction is included. No class 11/25.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (17)
 09/30-12/09
 -----S
 9:30-11AM

 Course MOSP145
 Fee \$109

### **NEW!** Cooking Across America

Take a cooking adventure across America. Prepare and sample culinary delights and take home leftovers for dinner tonight.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 10/07
 -----S
 1-4PM

 Course MOCK187
 Fee \$49

### **NEW! Halloween Cupcake Decorating Wars**

This is Horizons for Youth's reality baking class, fashioned after Food Network's "Cupcake Wars." Learn how to make flavored cupcakes, fillings, frostings, and how to decorate eye-catching cupcakes. After that, let's see where your imagination takes you in making yummy cupcakes and creating a cupcake display to please the judges.

SEC DATE(S) DAY(S) TIME(S)
(2) 10/28 -----S 1-4PM

Course MOCK318 Fee \$49

### **NEW! "Sweet" Candy Cane Scarf**

Learn to knit by focusing solely on the knit stitch to complete a holiday scarf you can make for yourself or give as a gift. Learn how to cast on knit stitches, knit stitches, bind off, and create a Sweet Kandy Cane Scarf. Materials list will be provided prior to the start of class.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 12/02
 -----S
 10AM-Noon

 Course MOCRF715
 Fee \$39







## Are they having fun, or are they learning? Both.

### In the Horizons For Youth program, we believe a life-long love of learning starts early.

That's why we offer a variety of classes for students from kindergarten through high school during the school year and in the summer. Whether we're working in the kitchen, science lab, or gym, Horizons classes promise a fun-filled, enriching, and safe experience for kids of all ages.



#### Highlights for Fall:

- Cooking
- · Glass Fusing
- Knitting

### **Holiday Cookies**

Spend an afternoon in the youth cookie swap, where you will go home with a great selection of cookies without the work of making ALL of them? Come and learn how to make beautiful Christmas cookies and then take home a beautiful array of treats.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (2)
 12/09
 -----S
 9AM-Noon

 Course MOCK161
 Fee \$49

### **Glass Fusing- Holiday Ornament**

Create a holiday ornament for your tree or to give as a gift. All materials are supplied. Projects will be ready for pick up one week after class has ended

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (3)
 12/09
 ------S
 10AM-Noon

 Course MOCRF320
 Fee \$45

### NEW! Christmas Traditions Around the World

Come explore Christmas traditions and what foods are part of the celebrations around the world. See how kids in other countries celebrate the holiday season. Make the special holiday treats that are part of the Christmas traditions around the world. Learn how to make Buche de Noël, Tourtiere, Christmas pudding, and more.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (3)
 12/16
 -----S
 1-4PM

 Course
 MOCK143
 Fee \$49

### **GRADES 6-9**

#### Fencing

Learn an exciting, fast-paced sport! Develop good coordination, speed and strategic planning. Acquire basic skills and have fun fencing with your classmates. Fencing gear is provided for class time. Safety instruction is included. No class 11/25.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (17)
 09/30-12/09
 -----S
 9:30-11AM

 Course
 MOSP145
 Fee \$109

#### Fencing II

For students who are skilled at fencing, experience the next level! Practice skills you have learned with one BIG difference. Scoring is done electronically! Wear a different jacket and use electric foils. Prior fencing experience required. No class 11/25.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (16)
 09/30-12/09
 -----S
 10-11:30AM

 Course MOSP305
 Fee \$119

### **NEW! Cooking Across America**

Take a cooking adventure across America. Prepare and sample culinary delights and take home leftovers for dinner tonight.

 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (1)
 10/07
 -----S
 1-4PM

 Course MOCK187
 Fee \$49

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 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (2)
 10/28
 -----S
 1-4PM

 Course
 MOCK318
 Fee \$49

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 DATE(S)
 DAY(S)
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 (1)
 12/02
 ------S
 10AM-Noon

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 Fee \$39

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 TIME(S)

 (2)
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 SEC
 DATE(S)
 DAY(S)
 TIME(S)

 (3)
 12/16
 -----S
 1-4PM

 Course
 MOCK143
 Fee \$49

### CENTER FOR COLLEGE AND CAREER READINESS

Offering a full array of services including:

- Adult Basic Education (ABE)
- · English as a Second Language (ESL)
- GED (General Educational Development) Test Preparation
- · English Language with Civics Education

For Monroe, Wayne and Pike Counties class information, call **570-369-1883**.

Part-time adult educators needed for English as a Second Language and GED\*. Morning, afternoon, and evening openings. Bachelor Degree required. Please contact Alicia MacKenzie at 570.3691883 for openings in Monroe, Pike and Wayne Counties. For Northampton and Lehigh County openings, please contact Mayra Perez at 610.861.5389

### **Volunteer Tutor Opportunities**

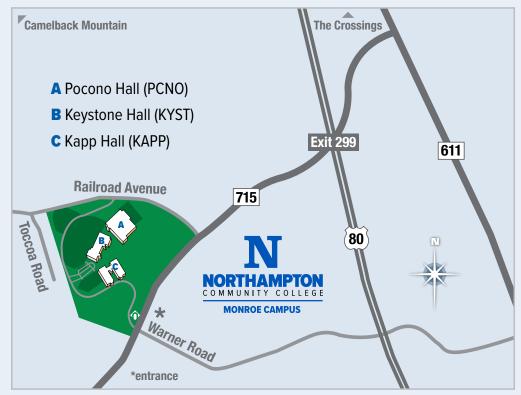
Impact your community by becoming a volunteer tutor in an ABE, GED, or ESL classroom. Assisting instructors, volunteer tutors help adult students to strengthen their basic education or English language skills to support their successful transition to postsecondary education, training programs, and employment opportunities. Prior tutoring or teaching experience is helpful, but not required. For information, please call 570-369-1883.



### NORTHAMPTON COMMUNITY COLLEGE MONROE CAMPUS

### **Conveniently located in the center of Monroe County**

approximately one mile south of Rt 80 at Exit 299



### 2411 Rt 715 (at Warner Rd), Tannersville, PA

From Rt 80, East or West: Take exit 299, and make a left onto Rt 715 South. The College's entrance is approximately 7/10's of a mile down Rt 715, on the right, directly across from Warner Rd.



MONROE CAMPUS SEP-DEC 2023



Check out all our fall courses!

northampton.edu/community-education

northampton.edu/ business-training

Wherever you find yourself, NCC will meet you there.



2411 Rt 715 Tannersville, PA 18372 Non-Profit Org. US Postage PAID Permit #556 Lehigh Valley, PA

\*\*\*\* ECR WSS \*\*
Postal Customer



