



Massage Therapy-Specialized Diploma (2020-21 Catalog)

Developmental Education Courses (if required)		
<input type="checkbox"/>	ACLS050	Introduction to Academic Literacy
<input type="checkbox"/>	ENGL027	Writing Skills Workshop

Massage Therapy Program Prerequisites		
<input type="checkbox"/>	At least 18 years of age prior to starting the program	
<input type="checkbox"/>	High School Diploma or GED	
<input type="checkbox"/>	1 year of HS biology or NCC equivalent (BIOS107 or BIOS115) with a grade of C or better	
<input type="checkbox"/>	Overall HS or most recent college GPA of 2.5 or better	

SEMESTER-BY-SEMESTER PROGRAM MAP FOR FULL-TIME STUDENTS

Courses are listed in preferred order of completion
Plans can be modified to fit student needs by adding more semesters

Choose your courses with your Advisor.

					Location: B= BETH, M= MROE, S=SBTH, E= ESTN, D= DIST *subject to change					
	complete	Course #	Course Title	Credits	Gen Ed	Fall	Winter	Spring	Summer	Pre-requisites / Co-requisites
Semester 1	<input type="checkbox"/>	COLS101	College Success	1		B, M, D	----	B, M, D	D	
	<input type="checkbox"/>	BIOS204	Anatomy and Physiology I	4		B,M,D	----	B,M,D	B,M	PRE: one year of HS Biology, BIOS107 or BIOS115
	<input type="checkbox"/>	CISC101	Introduction to Information Technology	3		B, M, D, E	D	B, M, D, E	B, M, D	
	<input type="checkbox"/>	MASG101	Massage Therapy Procedures 1	4		S	----	----	----	PRE or CO: BIOS204
			Total Semester Credits:	12						
Semester 2	<input type="checkbox"/>	BIOS254	Anatomy and Physiology II	4		B, M, D	----	B, M, D	B,M	PRE: BIOS204
	<input type="checkbox"/>	CMTH102	Introduction to Communication	3		B, M, D	----	B, M, D	B, M, D	
	<input type="checkbox"/>	MASG102	Massage Therapy Procedures 2	5		----	----	S	----	PRE: MASG101 PRE or CO: BIOS254
			Total Semester Credits:	12						
Sem 3	<input type="checkbox"/>	MASG210	Massage Therapy 3	4		----	----	----	S	PRE: MASG102
			Total Semester Credits:	4						
			Total Degree Credits	28						

After Acceptance, students are required to:

- Submit results of Criminal History Record Information (CHRI), Child and Elder Abuse History Clearance, and FBI Clearance.
- Submit certificate in Basic Life Support for Health Care Providers (Training offered through NCC Community Education)

Massage Therapy is a fall-start program. Students may apply to the clinical program starting October 1. Applications must be completed by April 15. Students will not be able to apply to the clinical program after April 15. After April 15, students who wish to take general education courses toward the Massage Therapy specialized diploma may apply to the Health Sciences program of study.

***It is the student's responsibility to be knowledgeable of NCC graduation requirements and to verify transfer requirements with the 4-year institution. Courses listed on the program map are based upon the assumption that prerequisites and courses taken in previous semesters will be successfully completed**

Program Information:

- The Massage Therapy Program integrates theory (classroom) and hands-on (lab) training for a career as a professional massage therapist. Students develop the knowledge necessary to develop therapeutic treatment plans and apply appropriate massage techniques with focus on whole body wellness.
- NCC Massage Therapy Program meets the 600-hour requirement through both didactic and clinical courses required by PA State Licensing.
- Graduates are prepared for employment opportunities in hospitals, rehabilitation centers, medical offices, spas, health clubs, and private practice and are eligible to sit for the Massage and Bodywork Licensing Exam (MBLEx).
- While in the program, students will have supervised clinical instruction designed to develop client-based skills and techniques. The curriculum is designed sequentially, to allow the student to master basic skills and competencies first, before progressing to more challenging skills and techniques.
- During semester three, students will be required to complete 15 hrs of clinical experience outside of structured class time.

Program Outcomes***Graduates of the program will:***

- Plan, organize and safely provide a professional massage and bodywork session to clients from across the lifespan
- Execute skills required for an entry-level massage therapist utilizing seated, table and floor massage.
- Display professional behaviors congruent with core values, standards and ethics of the Massage Therapy profession.
- Demonstrate dignity and respect for cultural diversity, age, gender, lifestyle values and choices of others.
- Communicate effectively with clients, family members and other healthcare professionals in oral and written formats.
- Apply critical thinking skills and basic clinical decision-making when administering client centered massage and bodywork.
- Perform essential business planning and office management skills in the massage practice setting.

Career Information:

Per the Bureau of Labor Statistics, employment of massage therapists is projected to grow 22% to 2024, much faster than the average for all occupations. Continued growth in the demand for massage services will lead to new openings for massage therapists. As an increasing number of states adopt licensing requirements and standards for therapists, the practice of massage is likely to be respected and accepted by more people as a way to treat pain and to improve overall wellness. <https://www.bls.gov/ooh/healthcare/massage-therapists.htm>