



The Philosopher Facing Death

Plato

THE PHAEDO (SELECTIONS)

Prologue to the Dialogue (57a-59c)

Echecrates. Were you yourself, Phaedo, in the prison with Socrates on the day when he drank the poison?

Phaedo. Yes, Echecrates, I was.

Ech. I wish that you would tell me about his death. What did he say in his last hours? We were informed that he died by taking poison, but no one knew anything more; for no Phliasian ever goes to Athens now, and a long time has elapsed since any Athenian found his way to Phlius, and therefore we had no clear account.

Phaed. Did you not hear of the proceedings at the trial?

Ech. Yes; someone told us about the trial, and we could not understand why, having been condemned, he was put to death, as appeared, not at the time, but long afterwards. What was the reason of this?

Phaed. An accident, Echecrates. The reason was that the stern of the ship which the Athenians send to Delos happened to have been crowned on the day before he was tried.

Ech. What is this ship?

Phaed. This is the ship in which, as the Athenians say, Theseus went to Crete when he took with him the fourteen youths, and was the saviour of them and of himself. And they were said to have vowed to Apollo at the time, that if they were saved they would make an annual pilgrimage to Delos. Now this custom still continues, and the whole period of the voyage to and from Delos, beginning when the priest of Apollo crowns the stern of the ship, is a holy season, during which the city is not allowed to be polluted by public executions; and often, when the vessel is detained by adverse winds, there may be a very considerable delay. As I was saying, the ship was crowned on the day before the trial, and this was the reason why Socrates lay in prison and was not put to death until long after he was condemned.

Ech. What was the manner of his death, Phaedo? What was said or done? And which of his friends had he with him? Or were they not allowed by the authorities to be present? And did he die alone?

Phaed. No; there were several of his friends with him.

Ech. If you have nothing to do, I wish that you would tell me what passed, as exactly as you can.

Phaed. I have nothing to do, and will try to gratify your wish. For to me, too, there is no greater pleasure than to have Socrates brought to my recollection, whether I speak myself or hear another speak of him.

Ech. You will have listeners who are of the same mind with you, and I hope that you will be as exact as you can.

Phaed. I remember the strange feeling which came over me at being with him. For I could hardly believe that I was present at the death of a friend, and therefore I did not pity him, Echecrates; his mien and his language were so noble and fearless in the hour of death that to me he appeared blessed. I thought that in going to the other world he could not be without a divine call, and that he would be happy, if any man ever was, when he arrived there, and therefore I did not pity him as might seem natural at such a time. But neither could I feel the pleasure which I usually felt in philosophical discourse (for philosophy was the theme of which we spoke). I was pleased, and I was also pained, because I knew that he was soon to die, and this strange mixture of feeling was shared by us all; we were laughing and weeping by turns, especially the excitable Apollodorus. You know the sort of man?

Ech. Yes.

Phaed. He was quite overcome; and I myself and all of us were greatly moved.

Ech. Who were present?

Phaed. Of native Athenians there were, besides Apollodorus, Critobulus and his father Crito, Hermogenes, Epigenes, Aeschines, and Antisthenes; likewise Ctesippus of the deme of Paeania, Menexenus, and some others; but Plato, if I am not mistaken, was ill.

Ech. Were there any strangers?

Phaed. Yes, there were; Simmias the Theban, and Cebes, and Phaedondes; Euclid and Terpison, who came from Megara.

Ech. And was Aristippus there, and Cleombrotus?

Phaed. No, they were said to be in Aegina.

Ech. Anyone else?

Phaed. I think that these were about all.

Ech. And what was the discourse of which you spoke?

Death and The Philosopher (59c-70c)

Socrates in Prison

Phaed. I will begin at the beginning, and try to repeat the entire conversation. You must understand that we had been previously in the habit of assembling early in the morning at the court in which the trial was held, and which is not far from the prison. There we remained talking with one another until the opening of the prison doors (for they were not opened very early), and then went in and generally passed the day with Socrates. On the last morning the meeting was earlier than usual; this was owing to our having heard on the previous evening that the sacred ship had arrived from Delos, and therefore we agreed to meet very early at the accustomed place. On our going to the prison, the jailer who answered the door, instead of admitting us, came out and bade us wait and he would call us. "For the Eleven," he said, "are now with Socrates; they are taking off his chains, and giving orders that he is to die to-day." He soon returned and said that we might come in.

On entering we found Socrates just released from chains, and Xanthippe, whom you know, sitting by him, and holding his child in her arms. When she saw us she uttered a cry and said, as women will: "O Socrates, this is the last time that either you will converse with your friends, or they with you." Socrates turned to Crito and said: "Crito, let someone take her home." Some of Crito's people accordingly led her away, crying out and beating herself. And when she was gone, Socrates, sitting up on the couch, began to bend and rub his leg, saying, as he rubbed: "How singular is the thing called pleasure, and how curiously

related to pain, which might be thought to be the opposite of it; for they never come to a man together, and yet he who pursues either of them is generally compelled to take the other. They are two, and yet they grow together out of one head or stem; and I cannot help thinking that if Aesop had noticed them, he would have made a fable about God trying to reconcile their strife, and when he could not, he fastened their heads together; and this is the reason why when one comes the other follows, as I find in my own case pleasure comes following after the pain in my leg, which was caused by the chain.”

Upon this Cebes said: I am very glad indeed, Socrates, that you mentioned the name of Aesop. For that reminds me of a question which has been asked by others, and was asked of me only the day before yesterday by Evenus the poet, and as he will be sure to ask again, you may as well tell me what I should say to him, if you would like him to have an answer. He wanted to know why you who never before wrote a line of poetry, now that you are in prison are putting Aesop into verse, and also composing that hymn in honor of Apollo.

Tell him, Cebes, he replied, that I had no idea of rivaling him or his poems; which is the truth, for I knew that I could not do that. But I wanted to see whether I could purge away a scruple which I felt about certain dreams. In the course of my life I have often had intimations in dreams “that I should make music.” The same dream came to me sometimes in one form, and sometimes in another, but always saying the same or nearly the same words: Make and cultivate music, said the dream. And hitherto I had imagined that this was only intended to exhort and encourage me in the study of philosophy, which has always been the pursuit of my life, and is the noblest and best of music. The dream was bidding me to do what I was already doing, in the same way that the competitor in a race is bidden by the spectators to run when he is already running. But I was not certain of this, as the dream might have meant music in the popular sense of the word, and being under sentence of death, and the festival giving me a respite, I thought that I should be safer if I satisfied the scruple, and, in obedience to the dream, composed a few verses before I departed. And first I made a hymn in honor of the god of the festival, and then considering that a poet, if he is really to be a poet or maker, should not only put words together but make stories, and as I have no invention, I took some fables of Esop, which I had ready at hand and knew, and turned them into verse. Tell Evenus this, and bid him be of good cheer; that I would have him come after me if he be a wise man, and not tarry; and that to-day I am likely to be going, for the Athenians say that I must.

Death as a Good and the Prohibition against Suicide

Simmias said: What a message for such a man! having been a frequent companion of his, I should say that, as far as I know him, he will never take your advice unless he is obliged.

Why, said Socrates, is not Evenus a philosopher?

I think that he is, said Simmias.

Then he, or any man who has the spirit of philosophy, will be willing to die, though he will not take his own life, for that is held not to be right.

Here he changed his position, and put his legs off the couch on to the ground, and during the rest of the conversation he remained sitting.

Why do you say, inquired Cebes, that a man ought not to take his own life, but that the philosopher will be ready to follow the dying?

Socrates replied: And have you, Cebes and Simmias, who are acquainted with Philolaus, never heard him speak of this?

I never understood him, Socrates.

My words, too, are only an echo; but I am very willing to say what I have heard: and indeed, as I am going to another place, I ought to be thinking and talking of the nature of

the pilgrimage which I am about to make. What can I do better in the interval between this and the setting of the sun?

Then tell me, Socrates, why is suicide held not to be right? as I have certainly heard Philolaus affirm when he was staying with us at Thebes: and there are others who say the same, although none of them has ever made me understand him.

But do your best, replied Socrates, and the day may come when you will understand. I suppose that you wonder why, as most things which are evil may be accidentally good, this is to be the only exception (for may not death, too, be better than life in some cases?), and why, when a man is better dead, he is not permitted to be his own benefactor, but must wait for the hand of another.

By Jupiter! yes, indeed, said Cebes, laughing, and speaking in his native Doric.

I admit the appearance of inconsistency, replied Socrates, but there may not be any real inconsistency after all in this.

There is a doctrine uttered in secret that man is a prisoner who has no right to open the door of his prison and run away; this is a great mystery which I do not quite understand. Yet I, too, believe that the gods are our guardians, and that we are a possession of theirs. Do you not agree?

Yes, I agree to that, said Cebes.

And if one of your own possessions, an ox or an ass, for example took the liberty of putting himself out of the way when you had given no intimation of your wish that he should die, would you not be angry with him, and would you not punish him if you could?

Certainly, replied Cebes.

Then there may be reason in saying that a man should wait, and not take his own life until God summons him, as he is now summoning me.

Yes, Socrates, said Cebes, there is surely reason in that. And yet how can you reconcile this seemingly true belief that

God is our guardian and we his possessions, with that willingness to die which we were attributing to the philosopher? That the wisest of men should be willing to leave this service in which they are ruled by the gods who are the best of rulers is not reasonable, for surely no wise man thinks that when set at liberty he can take better care of himself than the gods take of him. A fool may perhaps think this -- he may argue that he had better run away from his master, not considering that his duty is to remain to the end, and not to run away from the good, and that there is no sense in his running away. But the wise man will want to be ever with him who is better than himself. Now this, Socrates, is the reverse of what was just now said; for upon this view the wise man should sorrow and the fool rejoice at passing out of life.

The earnestness of Cebes seemed to please Socrates. Here, said he, turning to us, is a man who is always inquiring, and is not to be convinced all in a moment, nor by every argument.

Socrates' Attitude Towards His Own Death

And in this case, added Simmias, his objection does appear to me to have some force. For what can be the meaning of a truly wise man wanting to fly away and lightly leave a master who is better than himself? And I rather imagine that Cebes is referring to you; he thinks that you are too ready to leave us, and too ready to leave the gods who, as you acknowledge, are our good rulers.

Yes, replied Socrates; there is reason in that. And this indictment you think that I ought to answer as if I were in court?

That is what we should like, said Simmias.

Then I must try to make a better impression upon you than I did when defending myself

before the judges. For I am quite ready to acknowledge, Simmias and Cebes, that I ought to be grieved at death, if I were not persuaded that I am going to other gods who are wise and good (of this I am as certain as I can be of anything of the sort) and to men departed (though I am not so certain of this), who are better than those whom I leave behind; and therefore I do not grieve as I might have done, for I have good hope that there is yet something remaining for the dead, and, as has been said of old, some far better thing for the good than for the evil.

But do you mean to take away your thoughts with you, Socrates? said Simmias. Will you not communicate them to us? — the benefit is one in which we too may hope to share. Moreover, if you succeed in convincing us, that will be an answer to the charge against yourself.

I will do my best, replied Socrates. But you must first let me hear what Crito wants; he was going to say something to me.

Only this, Socrates, replied Crito: the attendant who is to give you the poison has been telling me that you are not to talk much, and he wants me to let you know this; for that by talking heat is increased, and this interferes with the action of the poison; those who excite themselves are sometimes obliged to drink the poison two or three times.

Then, said Socrates, let him mind his business and be prepared to give the poison two or three times, if necessary; that is all.

I was almost certain that you would say that, replied Crito; but I was obliged to satisfy him.

Never mind him, he said.

The Philosopher Should Not Fear Death

And now I will make answer to you, O my judges, and show that he who has lived as a true philosopher has reason to be of good cheer when he is about to die, and that after death he may hope to receive the greatest good in the other world. And how this may be, Simmias and Cebes, I will endeavor to explain. For I deem that the true disciple of philosophy is likely to be misunderstood by other men; they do not perceive that he is ever pursuing death and dying; and if this is true, why, having had the desire of death all his life long, should he repine at the arrival of that which he has been always pursuing and desiring?

Simmias laughed and said: Though not in a laughing humor, I swear that I cannot help laughing when I think what the wicked world will say when they hear this. They will say that this is very true, and our people at home will agree with them in saying that the life which philosophers desire is truly death, and that they have found them out to be deserving of the death which they desire.

And they are right, Simmias, in saying this, with the exception of the words “They have found them out”; for they have not found out what is the nature of this death which the true philosopher desires, or how he deserves or desires death. But let us leave them and have a word with ourselves: Do we believe that there is such a thing as death?

To be sure, replied Simmias.

And is this anything but the separation of soul and body? And being dead is the attainment of this separation; when the soul exists in herself, and is parted from the body and the body is parted from the soul — that is death?

Exactly: that and nothing else, he replied.

And what do you say of another question, my friend, about which I should like to have your opinion, and the answer to which will probably throw light on our present inquiry: Do you think that the philosopher ought to care about the pleasures — if they are to be called pleasures — of eating and drinking?

Certainly not, answered Simmias.

And what do you say of the pleasures of love — should he care about them?

By no means.

And will he think much of the other ways of indulging the body — for example, the acquisition of costly raiment, or sandals, or other adornments of the body? Instead of caring about them, does he not rather despise anything more than nature needs? What do you say?

I should say the true philosopher would despise them.

Would you not say that he is entirely concerned with the soul and not with the body? He would like, as far as he can, to be quit of the body and turn to the soul.

That is true.

In matters of this sort philosophers, above all other men, may be observed in every sort of way to dissever the soul from the body.

That is true.

Whereas, Simmias, the rest of the world are of opinion that a life which has no bodily pleasures and no part in them is not worth having; but that he who thinks nothing of bodily pleasures is almost as though he were dead.

That is quite true.

What again shall we say of the actual acquirement of knowledge? Is the body, if invited to share in the inquiry, a hinderer or a helper? I mean to say, have sight and hearing any truth in them? Are they not, as the poets are always telling us, inaccurate witnesses? and yet, if even they are inaccurate and indistinct, what is to be said of the other senses? — for you will allow that they are the best of them?

Certainly, he replied.

Then when does the soul attain truth? For in attempting to consider anything in company with the body she is obviously deceived.

Yes, that is true.

Then must not existence be revealed to her in thought, if at all?

Yes.

And thought is best when the mind is gathered into herself and none of these things trouble her — neither sounds nor sights nor pain nor any pleasure — when she has as little as possible to do with the body, and has no bodily sense or feeling, but is aspiring after being?

That is true.

And in this the philosopher dishonors the body; his soul runs away from the body and desires to be alone and by herself?

That is true.

Well, but there is another thing, Simmias: Is there or is there not an absolute justice?

Assuredly there is.

And an absolute beauty and absolute good?

Of course.

But did you ever behold any of them with your eyes?

Certainly not.

Or did you ever reach them with any other bodily sense? (and I speak not of these alone, but of absolute greatness, and health, and strength, and of the essence or true nature of everything). Has the reality of them ever been perceived by you through the bodily organs? or rather, is not the nearest approach to the knowledge of their several natures made by him who so orders his intellectual vision as to have the most exact conception of the essence of that which he considers?

Certainly.

And he attains to the knowledge of them in their highest purity who goes to each of them with the mind alone, not allowing when in the act of thought the intrusion or introduction of sight or any other sense in the company of reason, but with the very light of the mind in her clearness penetrates into the very fight of truth in each; he has got rid, as far as he can, of eyes and ears and of the whole body, which he conceives of only as a disturbing element, hindering the soul from the acquisition of knowledge when in company with her — is not this the sort of man who, if ever man did, is likely to attain the knowledge of existence?

There is admirable truth in that, Socrates, replied Simmias.

And when they consider all this, must not true philosophers make a reflection, of which they will speak to one another in such words as these: We have found, they will say, a path of speculation which seems to bring us and the argument to the conclusion that while we are in the body, and while the soul is mingled with this mass of evil, our desire will not be satisfied, and our desire is of the truth. For the body is a source of endless trouble to us by reason of the mere requirement of food; and also is liable to diseases which overtake and impede us in the search after truth: and by filling us so full of loves, and lusts, and fears, and fancies, and idols, and every sort of folly, prevents our ever having, as people say, so much as a thought. For whence come wars, and fightings, and factions? whence but from the body and the lusts of the body? For wars are occasioned by the love of money, and money has to be acquired for the sake and in the service of the body; and in consequence of all these things the time which ought to be given to philosophy is lost. Moreover, if there is time and an inclination toward philosophy, yet the body introduces a turmoil and confusion and fear into the course of speculation, and hinders us from seeing the truth: and all experience shows that if we would have pure knowledge of anything we must be quit of the body, and the soul in herself must behold all things in themselves: then I suppose that we shall attain that which we desire, and of which we say that we are lovers, and that is wisdom, not while we live, but after death, as the argument shows; for if while in company with the body the soul cannot have pure knowledge, one of two things seems to follow -- either knowledge is not to be attained at all, or, if at all, after death. For then, and not till then, the soul will be in herself alone and without the body. In this present life, I reckon that we make the nearest approach to knowledge when we have the least possible concern or interest in the body, and are not saturated with the bodily nature, but remain pure until the hour when God himself is pleased to release us. And then the foolishness of the body will be cleared away and we shall be pure and hold converse with other pure souls, and know of ourselves the clear light everywhere; and this is surely the light of truth. For no impure thing is allowed to approach the pure. These are the sort of words, Simmias, which the true lovers of wisdom cannot help saying to one another, and thinking. You will agree with me in that?

Certainly, Socrates.

But if this is true, O my friend, then there is great hope that, going whither I go, I shall there be satisfied with that which has been the chief concern of you and me in our past lives. And now that the hour of departure is appointed to me, this is the hope with which I depart, and not I only, but every man who believes that he has his mind purified.

Certainly, replied Simmias.

And what is purification but the separation of the soul from the body, as I was saying before; the habit of the soul gathering and collecting herself into herself, out of all the courses of the body; the dwelling in her own place alone, as in another life, so also in this, as far as she can; the release of the soul from the chains of the body?

Very true, he said.

And what is that which is termed death, but this very separation and release of the soul from the body?

To be sure, he said.

And the true philosophers, and they only, study and are eager to release the soul. Is not the separation and release of the soul from the body their especial study?

That is true.

And as I was saying at first, there would be a ridiculous contradiction in men studying to live as nearly as they can in a state of death, and yet repining when death comes.

Certainly.

Then, Simmias, as the true philosophers are ever studying death, to them, of all men, death is the least terrible. Look at the matter in this way: how inconsistent of them to have been always enemies of the body, and wanting to have the soul alone, and when this is granted to them, to be trembling and repining; instead of rejoicing at their departing to that place where, when they arrive, they hope to gain that which in life they loved (and this was wisdom), and at the same time to be rid of the company of their enemy. Many a man has been willing to go to the world below in the hope of seeing there an earthly love, or wife, or son, and conversing with them. And will he who is a true lover of wisdom, and is persuaded in like manner that only in the world below he can worthily enjoy her, still repine at death? Will he not depart with joy? Surely he will, my friend, if he be a true philosopher. For he will have a firm conviction that there only, and nowhere else, he can find wisdom in her purity. And if this be true, he would be very absurd, as I was saying, if he were to fear death.

He would, indeed, replied Simmias.

And when you see a man who is repining at the approach of death, is not his reluctance a sufficient proof that he is not a lover of wisdom, but a lover of the body, and probably at the same time a lover of either money or power, or both?

That is very true, he replied.

There is a virtue, Simmias, which is named courage. Is not that a special attribute of the philosopher?

Certainly.

Again, there is temperance. Is not the calm, and control, and disdain of the passions which even the many call temperance, a quality belonging only to those who despise the body and live in philosophy?

That is not to be denied.

For the courage and temperance of other men, if you will consider them, are really a contradiction.

How is that, Socrates?

Well, he said, you are aware that death is regarded by men in general as a great evil.

That is true, he said.

And do not courageous men endure death because they are afraid of yet greater evils?

That is true.

Then all but the philosophers are courageous only from fear, and because they are afraid; and yet that a man should be courageous from fear, and because he is a coward, is surely a strange thing.

Very true.

And are not the temperate exactly in the same case? They are temperate because they are intemperate — which may seem to be a contradiction, but is nevertheless the sort of thing which happens with this foolish temperance. For there are pleasures which they must have, and are afraid of losing; and therefore they abstain from one class of pleasures because they are overcome by another: and whereas intemperance is defined as “being under the dominion of pleasure,” they overcome only because they are overcome by pleasure. And that is what I mean by saying that they are temperate through intemperance.

That appears to be true.

Yet the exchange of one fear or pleasure or pain for another fear or pleasure or pain, which are measured like coins, the greater with the less, is not the exchange of virtue. O my dear Simmias, is there not one true coin for which all things ought to exchange? -- and that is wisdom; and only in exchange for this, and in company with this, is anything truly bought or sold, whether courage or temperance or justice. And is not all true virtue the companion of wisdom, no matter what fears or pleasures or other similar goods or evils may or may not attend her? But the virtue which is made up of these goods, when they are severed from wisdom and exchanged with one another, is a shadow of virtue only, nor is there any freedom or health or truth in her; but in the true exchange there is a purging away of all these things, and temperance, and justice, and courage, and wisdom herself are a purgation of them. And I conceive that the founders of the mysteries had a real meaning and were not mere triflers when they intimated in a figure long ago that he who passes unsanctified and uninitiated into the world below will live in a slough, but that he who arrives there after initiation and purification will dwell with the gods. For "many," as they say in the mysteries, "are the thyrsus bearers, but few are the mystics," — meaning, as I interpret the words, the true philosophers. In the number of whom I have been seeking, according to my ability, to find a place during my whole life; whether I have sought in a right way or not, and whether I have succeeded or not, I shall truly know in a little while, if God will, when I myself arrive in the other world: that is my belief. And now, Simmias and Cebes, I have answered those who charge me with not grieving or repining at parting from you and my masters in this world; and I am right in not repining, for I believe that I shall find other masters and friends who are as good in the world below. But all men cannot believe this, and I shall be glad if my words have any more success with you than with the judges of the Athenians.

Cebes answered: I agree, Socrates, in the greater part of what you say. But in what relates to the soul, men are apt to be incredulous; they fear that when she leaves the body her place may be nowhere, and that on the very day of death she may be destroyed and perish — immediately on her release from the body, issuing forth like smoke or air and vanishing away into nothingness. For if she could only hold together and be herself after she was released from the evils of the body, there would be good reason to hope, Socrates, that what you say is true. But much persuasion and many arguments are required in order to prove that when the man is dead the soul yet exists, and has any force of intelligence.

True, Cebes, said Socrates; and shall I suggest that we talk a little of the probabilities of these things?

I am sure, said Cebes, that I should gladly like to know your opinion about them.

I reckon, said Socrates, that no one who heard me now, not even if he were one of my old enemies, the comic poets, could accuse me of idle talking about matters in which I have no concern. Let us, then, if you please, proceed with the inquiry.

The Cycle of Opposites Argument (70c-72e)

Whether the souls of men after death are or are not in the world below, is a question which may be argued in this manner: The ancient doctrine of which I have been speaking affirms that they go from this into the other world, and return hither, and are born from the dead. Now if this be true, and the living come from the dead, then our souls must be in the other world, for if not, how could they be born again? And this would be conclusive, if there were any real evidence that the living are only born from the dead; but if there is no evidence of this, then other arguments will have to be adduced.

That is very true, replied Cebes.

Then let us consider this question, not in relation to man only, but in relation to animals

generally, and to plants, and to everything of which there is generation, and the proof will be easier. Are not all things which have opposites generated out of their opposites? I mean such things as good and evil, just and unjust — and there are innumerable other opposites which are generated out of opposites. And I want to show that this holds universally of all opposites; I mean to say, for example, that anything which becomes greater must become greater after being less.

True.

And that which becomes less must have been once greater and then become less.

Yes.

And the weaker is generated from the stronger, and the swifter from the slower.

Very true.

And the worse is from the better, and the more just is from the more unjust.

Of course.

And is this true of all opposites? and are we convinced that all of them are generated out of opposites?

Yes.

And in this universal opposition of all things, are there not also two intermediate processes which are ever going on, from one to the other, and back again; where there is a greater and a less there is also an intermediate process of increase and diminution, and that which grows is said to wax, and that which decays to wane?

Yes, he said.

And there are many other processes, such as division and composition, cooling and heating, which equally involve a passage into and out of one another. And this holds of all opposites, even though not always expressed in words -- they are generated out of one another, and there is a passing or process from one to the other of them?

Very true, he replied.

Well, and is there not an opposite of life, as sleep is the opposite of waking?

True, he said.

And what is that?

Death, he answered.

And these, then, are generated, if they are opposites, the one from the other, and have there their two intermediate processes also?

Of course.

Now, said Socrates, I will analyze one of the two pairs of opposites which I have mentioned to you, and also its intermediate processes, and you shall analyze the other to me. The state of sleep is opposed to the state of waking, and out of sleeping waking is generated, and out of waking, sleeping, and the process of generation is in the one case falling asleep, and in the other waking up. Are you agreed about that?

Quite agreed.

Then suppose that you analyze life and death to me in the same manner. Is not death opposed to life?

Yes.

And they are generated one from the other?

Yes.

What is generated from life?

Death.

And what from death?

I can only say in answer — life.

Then the living, whether things or persons, Cebes, are generated from the dead?

That is clear, he replied.

Then the inference is, that our souls are in the world below?

That is true.

And one of the two processes or generations is visible -- for surely the act of dying is visible?

Surely, he said.

And may not the other be inferred as the complement of nature, who is not to be supposed to go on one leg only? And if not, a corresponding process of generation in death must also be assigned to her?

Certainly, he replied.

And what is that process?

Revival.

And revival, if there be such a thing, is the birth of the dead into the world of the living?

Quite true.

Then there is a new way in which we arrive at the inference that the living come from the dead, just as the dead come from the living; and if this is true, then the souls of the dead must be in some place out of which they come again. And this, as I think, has been satisfactorily proved.

Yes, Socrates, he said; all this seems to flow necessarily out of our previous admissions.

And that these admissions are not unfair, Cebes, he said, may be shown, as I think, in this way: If generation were in a straight line only, and there were no compensation or circle in nature, no turn or return into one another, then you know that all things would at last have the same form and pass into the same state, and there would be no more generation of them.

What do you mean? he said.

A simple thing enough, which I will illustrate by the case of sleep, he replied. You know that if there were no compensation of sleeping and waking, the story of the sleeping Endymion would in the end have no meaning, because all other things would be asleep, too, and he would not be thought of. Or if there were composition only, and no division of substances, then the chaos of Anaxagoras would come again. And in like manner, my dear Cebes, if all things which partook of life were to die, and after they were dead remained in the form of death, and did not come to life again, all would at last die, and nothing would be alive — how could this be otherwise? For if the living spring from any others who are not the dead, and they die, must not all things at last be swallowed up in death?

There is no escape from that, Socrates, said Cebes; and I think that what you say is entirely true.

Yes, he said, Cebes, I entirely think so, too; and we are not walking in a vain imagination; but I am confident in the belief that there truly is such a thing as living again, and that the living spring from the dead, and that the souls of the dead are in existence, and that the good souls have a better portion than the evil.

The Affinity Argument (77d-80c)

Must we not, said Socrates, ask ourselves some question of this sort? What is that which, as we imagine, is liable to be scattered away, and about which we fear? and what again is that about which we have no fear? And then we may proceed to inquire whether that which suffers dispersion is or is not of the nature of soul — our hopes and fears as to our own souls will turn upon that.

That is true, he said.

Now the compound or composite may be supposed to be naturally capable of being

dissolved in like manner as of being compounded; but that which is uncompounded, and that only, must be, if anything is, indissoluble.

Yes; that is what I should imagine, said Cebes.

And the uncompounded may be assumed to be the same and unchanging, where the compound is always changing and never the same?

That I also think, he said.

Then now let us return to the previous discussion. Is that idea or essence, which in the dialectical process we define as essence of true existence -- whether essence of equality, beauty, or anything else: are these essences, I say, liable at times to some degree of change? or are they each of them always what they are, having the same simple, self-existent and unchanging forms, and not admitting of variation at all, or in any way, or at any time?

They must be always the same, Socrates, replied Cebes.

And what would you say of the many beautiful — whether men or horses or garments or any other things which may be called equal or beautiful — are they all unchanging and the same always, or quite the reverse? May they not rather be described as almost always changing and hardly ever the same either with themselves or with one another?

The latter, replied Cebes; they are always in a state of change.

And these you can touch and see and perceive with the senses, but the unchanging things you can only perceive with the mind — they are invisible and are not seen?

That is very true, he said.

Well, then, he added, let us suppose that there are two sorts of existences, one seen, the other unseen.

Let us suppose them.

The seen is the changing, and the unseen is the unchanging.

That may be also supposed.

And, further, is not one part of us body, and the rest of us soul?

To be sure.

And to which class may we say that the body is more alike and akin?

Clearly to the seen: no one can doubt that.

And is the soul seen or not seen?

Not by man, Socrates.

And by “seen” and “not seen” is meant by us that which is or is not visible to the eye of man?

Yes, to the eye of man.

And what do we say of the soul? is that seen or not seen?

Not seen.

Unseen then?

Yes.

Then the soul is more like to the unseen, and the body to the seen?

That is most certain, Socrates.

And were we not saying long ago that the soul when using the body as an instrument of perception, that is to say, when using the sense of sight or hearing or some other sense (for the meaning of perceiving through the body is perceiving through the senses) -- were we not saying that the soul too is then dragged by the body into the region of the changeable, and wanders and is confused; the world spins round her, and she is like a drunkard when under their influence?

Very true.

But when returning into herself she reflects; then she passes into the realm of purity, and eternity, and immortality, and unchangeableness, which are her kindred, and with them she ever lives, when she is by herself and is not let or hindered; then she ceases from her erring

ways, and being in communion with the unchanging is unchanging. And this state of the soul is called wisdom?

That is well and truly said, Socrates, he replied.

And to which class is the soul more nearly alike and akin, as far as may be inferred from this argument, as well as from the preceding one?

I think, Socrates, that, in the opinion of everyone who follows the argument, the soul will be infinitely more like the unchangeable even the most stupid person will not deny that.

And the body is more like the changing?

Yes.

Yet once more consider the matter in this light: When the soul and the body are united, then nature orders the soul to rule and govern, and the body to obey and serve.

Now which of these two functions is akin to the divine? and which to the mortal? Does not the divine appear to you to be that which naturally orders and rules, and the mortal that which is subject and servant?

True.

And which does the soul resemble?

The soul resembles the divine and the body the mortal -- there can be no doubt of that, Socrates.

Then reflect, Cebes: is not the conclusion of the whole matter this? -- that the soul is in the very likeness of the divine, and immortal, and intelligible, and uniform, and indissoluble, and unchangeable; and the body is in the very likeness of the human, and mortal, and unintelligible, and multiform, and dissoluble, and changeable. Can this, my dear Cebes, be denied?

No, indeed.

But if this is true, then is not the body liable to speedy dissolution? And is not the soul almost or altogether indissoluble?

Certainly.

Doctrines Concerning Body and Soul (80c-84b)

And do you further observe, that after a man is dead, the body, which is the visible part of man, and has a visible framework, which is called a corpse, and which would naturally be dissolved and decomposed and dissipated, is not dissolved or decomposed at once, but may remain for a good while, if the constitution be sound at the time of death, and the season of the year favorable? For the body when shrunk and embalmed, as is the custom in Egypt, may remain almost entire through infinite ages; and even in decay, still there are some portions, such as the bones and ligaments, which are practically indestructible. You allow that?

Yes.

And are we to suppose that the soul, which is invisible, in passing to the true Hades, which like her is invisible, and pure, and noble, and on her way to the good and wise God, whither, if God will, my soul is also soon to go — that the soul, I repeat, if this be her nature and origin, is blown away and perishes immediately on quitting the body as the many say? That can never be, dear Simmias and Cebes. The truth rather is that the soul which is pure at departing draws after her no bodily taint, having never voluntarily had connection with the body, which she is ever avoiding, herself gathered into herself (for such abstraction has been the study of her life). And what does this mean but that she has been a true disciple of philosophy and has practised how to die easily? And is not philosophy the practice of death?

Certainly.

That soul, I say, herself invisible, departs to the invisible world to the divine and immortal and rational: thither arriving, she lives in bliss and is released from the error and folly of men, their fears and wild passions and all other human ills, and forever dwells, as they say of the initiated, in company with the gods. Is not this true, Cebes?

Yes, said Cebes, beyond a doubt.

But the soul which has been polluted, and is impure at the time of her departure, and is the companion and servant of the body always, and is in love with and fascinated by the body and by the desires and pleasures of the body, until she is led to believe that the truth only exists in a bodily form, which a man may touch and see and taste and use for the purposes of his lusts — the soul, I mean, accustomed to hate and fear and avoid the intellectual principle, which to the bodily eye is dark and invisible, and can be attained only by philosophy — do you suppose that such a soul as this will depart pure and unalloyed?

That is impossible, he replied.

She is engrossed by the corporeal, which the continual association and constant care of the body have made natural to her.

Very true.

And this, my friend, may be conceived to be that heavy, weighty, earthy element of sight by which such a soul is depressed and dragged down again into the visible world, because she is afraid of the invisible and of the world below -- prowling about tombs and sepulchres, in the neighborhood of which, as they tell us, are seen certain ghostly apparitions of souls which have not departed pure, but are cloyed with sight and therefore visible.

That is very likely, Socrates.

Yes, that is very likely, Cebes; and these must be the souls, not of the good, but of the evil, who are compelled to wander about such places in payment of the penalty of their former evil way of life; and they continue to wander until the desire which haunts them is satisfied and they are imprisoned in another body. And they may be supposed to be fixed in the same natures which they had in their former life.

What natures do you mean, Socrates?

I mean to say that men who have followed after gluttony, and wantonness, and drunkenness, and have had no thought of avoiding them, would pass into asses and animals of that sort. What do you think?

I think that exceedingly probable.

And those who have chosen the portion of injustice, and tyranny, and violence, will pass into wolves, or into hawks and kites; whither else can we suppose them to go?

Yes, said Cebes; that is doubtless the place of natures such as theirs. And there is no difficulty, he said, in assigning to all of them places answering to their several natures and propensities?

There is not, he said.

Even among them some are happier than others; and the happiest both in themselves and their place of abode are those who have practised the civil and social virtues which are called temperance and justice, and are acquired by habit and attention without philosophy and mind.

Why are they the happiest?

Because they may be expected to pass into some gentle, social nature which is like their own, such as that of bees or ants, or even back again into the form of man, and just and moderate men spring from them.

That is not impossible.

But he who is a philosopher or lover of learning, and is entirely pure at departing, is

alone permitted to reach the gods. And this is the reason, Simmias and Cebes, why the true votaries of philosophy abstain from all fleshly lusts, and endure and refuse to give themselves up to them -- not because they fear poverty or the ruin of their families, like the lovers of money, and the world in general; nor like the lovers of power and honor, because they dread the dishonor or disgrace of evil deeds.

No, Socrates, that would not become them, said Cebes.

No, indeed, he replied; and therefore they who have a care of their souls, and do not merely live in the fashions of the body, say farewell to all this; they will not walk in the ways of the blind: and when philosophy offers them purification and release from evil, they feel that they ought not to resist her influence, and to her they incline, and whither she leads they follow her.

What do you mean, Socrates?

I will tell you, he said. The lovers of knowledge are conscious that their souls, when philosophy receives them, are simply fastened and glued to their bodies: the soul is only able to view existence through the bars of a prison, and not in her own nature; she is wallowing in the mire of all ignorance; and philosophy, seeing the terrible nature of her confinement, and that the captive through desire is led to conspire in her own captivity (for the lovers of knowledge are aware that this was the original state of the soul, and that when she was in this state philosophy received and gently counseled her, and wanted to release her, pointing out to her that the eye is full of deceit, and also the ear and other senses, and persuading her to retire from them in all but the necessary use of them and to be gathered up and collected into herself, and to trust only to herself and her own intuitions of absolute existence, and mistrust that which comes to her through others and is subject to vicissitude) — philosophy shows her that this is visible and tangible, but that what she sees in her own nature is intellectual and invisible. And the soul of the true philosopher thinks that she ought not to resist this deliverance, and therefore abstains from pleasures and desires and pains and fears, as far as she is able; reflecting that when a man has great joys or sorrows or fears or desires he suffers from them, not the sort of evil which might be anticipated -- as, for example, the loss of his health or property, which he has sacrificed to his lusts -- but he has suffered an evil greater far, which is the greatest and worst of all evils, and one of which he never thinks.

And what is that, Socrates? said Cebes.

Why, this: When the feeling of pleasure or pain in the soul is most intense, all of us naturally suppose that the object of this intense feeling is then plainest and truest: but this is not the case.

Very true.

And this is the state in which the soul is most enthralled by the body.

How is that?

Why, because each pleasure and pain is a sort of nail which nails and rivets the soul to the body, and engrosses her and makes her believe that to be true which the body affirms to be true; and from agreeing with the body and having the same delights she is obliged to have the same habits and ways, and is not likely ever to be pure at her departure to the world below, but is always saturated with the body; so that she soon sinks into another body and there germinates and grows, and has therefore no part in the communion of the divine and pure and simple.

That is most true, Socrates, answered Cebes.

And this, Cebes, is the reason why the true lovers of knowledge are temperate and brave; and not for the reason which the world gives.

Certainly not.

Certainly not! For not in that way does the soul of a philosopher reason; she will not

ask philosophy to release her in order that when released she may deliver herself up again to the thralldom of pleasures and pains, doing a work only to be undone again, weaving instead of unweaving her Penelope's web. But she will make herself a calm of passion and follow Reason, and dwell in her, beholding the true and divine (which is not matter of opinion), and thence derive nourishment. Thus she seeks to live while she lives, and after death she hopes to go to her own kindred and to be freed from human ills. Never fear, Simmias and Cebes, that a soul which has been thus nurtured and has had these pursuits, will at her departure from the body be scattered and blown away by the winds and be nowhere and nothing.....

Socrates' Death Scene (115a-118a)

When he had done speaking, Crito said: And have you any commands for us, Socrates — anything to say about your children, or any other matter in which we can serve you?

Nothing particular, he said: only, as I have always told you, I would have you look to yourselves; that is a service which you may always be doing to me and mine as well as to yourselves. And you need not make professions; for if you take no thought for yourselves, and walk not according to the precepts which I have given you, not now for the first time, the warmth of your professions will be of no avail.

We will do our best, said Crito. But in what way would you have us bury you?

In any way that you like; only you must get hold of me, and take care that I do not walk away from you. Then he turned to us, and added with a smile: I cannot make Crito believe that I am the same Socrates who have been talking and conducting the argument; he fancies that I am the other Socrates whom he will soon see, a dead body — and he asks, How shall he bury me? And though I have spoken many words in the endeavor to show that when I have drunk the poison I shall leave you and go to the joys of the blessed — these words of mine, with which I comforted you and myself, have had, I perceive, no effect upon Crito. And therefore I want you to be surety for me now, as he was surety for me at the trial: but let the promise be of another sort; for he was my surety to the judges that I would remain, but you must be my surety to him that I shall not remain, but go away and depart; and then he will suffer less at my death, and not be grieved when he sees my body being burned or buried. I would not have him sorrow at my hard lot, or say at the burial, Thus we lay out Socrates, or, Thus we follow him to the grave or bury him; for false words are not only evil in themselves, but they infect the soul with evil. Be of good cheer, then, my dear Crito, and say that you are burying my body only, and do with that as is usual, and as you think best.

When he had spoken these words, he arose and went into the bath chamber with Crito, who bade us wait; and we waited, talking and thinking of the subject of discourse, and also of the greatness of our sorrow; he was like a father of whom we were being bereaved, and we were about to pass the rest of our lives as orphans. When he had taken the bath his children were brought to him -- (he had two young sons and an elder one); and the women of his family also came, and he talked to them and gave them a few directions in the presence of Crito; and he then dismissed them and returned to us.

Now the hour of sunset was near, for a good deal of time had passed while he was within. When he came out, he sat down with us again after his bath, but not much was said. Soon the jailer, who was the servant of the Eleven, entered and stood by him, saying: To you, Socrates, whom I know to be the noblest and gentlest and best of all who ever came to this place, I will not impute the angry feelings of other men, who rage and swear at me when, in obedience to the authorities, I bid them drink the poison -- indeed, I am sure that you will not be angry with me; for others, as you are aware, and not I, are the guilty cause. And so fare you well, and try to bear lightly what must needs be; you know my errand.

Then bursting into tears he turned away and went out.

Socrates looked at him and said: I return your good wishes, and will do as you bid. Then, turning to us, he said, How charming the man is: since I have been in prison he has always been coming to see me, and at times he would talk to me, and was as good as could be to me, and now see how generously he sorrows for me. But we must do as he says, Crito; let the cup be brought, if the poison is prepared: if not, let the attendant prepare some.

Yet, said Crito, the sun is still upon the hilltops, and many a one has taken the draught late, and after the announcement has been made to him, he has eaten and drunk, and indulged in sensual delights; do not hasten then, there is still time.

Socrates said: Yes, Crito, and they of whom you speak are right in doing thus, for they think that they will gain by the delay; but I am right in not doing thus, for I do not think that I should gain anything by drinking the poison a little later; I should be sparing and saving a life which is already gone: I could only laugh at myself for this. Please then to do as I say, and not to refuse me.

Crito, when he heard this, made a sign to the servant, and the servant went in, and remained for some time, and then returned with the jailer carrying a cup of poison. Socrates said: You, my good friend, who are experienced in these matters, shall give me directions how I am to proceed. The man answered: You have only to walk about until your legs are heavy, and then to lie down, and the poison will act. At the same time he handed the cup to Socrates, who in the easiest and gentlest manner, without the least fear or change of color or feature, looking at the man with all his eyes, Echecrates, as his manner was, took the cup and said: What do you say about making a libation out of this cup to any god? May I, or not? The man answered: We only prepare, Socrates, just so much as we deem enough. I understand, he said: yet I may and must pray to the gods to prosper my journey from this to that other world — may this, then, which is my prayer, be granted to me. Then holding the cup to his lips, quite readily and cheerfully he drank off the poison. And hitherto most of us had been able to control our sorrow; but now when we saw him drinking, and saw too that he had finished the draught, we could no longer forbear, and in spite of myself my own tears were flowing fast; so that I covered my face and wept over myself, for certainly I was not weeping over him, but at the thought of my own calamity in having lost such a companion. Nor was I the first, for Crito, when he found himself unable to restrain his tears, had got up and moved away, and I followed; and at that moment. Apollodorus, who had been weeping all the time, broke out in a loud cry which made cowards of us all. Socrates alone retained his calmness: What is this strange outcry? he said. I sent away the women mainly in order that they might not offend in this way, for I have heard that a man should die in peace. Be quiet, then, and have patience.

When we heard that, we were ashamed, and refrained our tears; and he walked about until, as he said, his legs began to fail, and then he lay on his back, according to the directions, and the man who gave him the poison now and then looked at his feet and legs; and after a while he pressed his foot hard and asked him if he could feel; and he said, no; and then his leg, and so upwards and upwards, and showed us that he was cold and stiff. And he felt them himself, and said: When the poison reaches the heart, that will be the end. He was beginning to grow cold about the groin, when he uncovered his face, for he had covered himself up, and said (they were his last words) — he said: Crito, I owe a cock to Asclepius; will you remember to pay the debt? The debt shall be paid, said Crito; is there anything else? There was no answer to this question; but in a minute or two a movement was heard, and the attendants uncovered him; his eyes were set, and Crito closed his eyes and mouth.

Such was the end, Echecrates, of our friend, whom I may truly call the wisest, and justest, and best of all the men whom I have ever known.

Plato. "Phaedo." *The Dialogues of Plato*. Vol. 2. Trans. Benjamin Jowett. Oxford: Oxford University Press, 1892.

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