

Check off any statements or questions that apply to you!

- I don't know what career I want to pursue.
- My parents have a different idea of the career I should follow.
- I don't know why I am in college.
- Sometimes my parents don't get it.
- Do I really need to take all these requirements to graduate?
- I wish I had somebody to talk to.
- Sometimes I feel so stressed I could burst.
- I wish I did not have to rush when there is a test and a term paper due.
- Sometimes I don't know how to ask for help from my teachers.
- Am I ready for college?
- In my culture people do things differently.
- If that teacher could only slow down ...
- Sometimes I don't want to be here.

If you checked one or more, you may benefit from the services offered in our office.



Northampton
Community College

SERVICES

PERSONAL COUNSELING

Available for free on a short term, confidential basis for currently enrolled students dealing with personal issues.

CAREER COUNSELING AND TESTING

Assistance for exploring careers, investigating interests, and choosing a major is available utilizing career testing, career planning discussions and a career library.

ACADEMIC COUNSELING

Develop effective study skills, schedule courses each semester and work with students to create an educational plan; explore elective courses that will enrich the student's academic experience.

TRANSITIONAL COUNSELING

Provide supportive counseling and guidance to first generation students and for students from culturally diverse backgrounds.

ADDITIONAL FINANCIAL RESOURCES

Counselors are knowledgeable about a variety of federal, state, and community resources and will be able to refer students and/or assist students with the process of applying for those services either on-line or in person.

Northampton Community College does not discriminate on the basis of race, color, national origin, sex, gender identity, disability or age in its programs or activities. Inquiries regarding Northampton Community College's non-discrimination policy may be addressed to Brett I. Last, Executive Director of Human Resources, EEO Officer, and Interim Titles IX/VI Coordinator at (610) 861-5460 or blast@northampton.edu.



Counseling Services

Bethlehem Campus

(610) 861-5342

College Center 250

Academic Year Hours

Mon-Thurs – 8 am -7:30 pm

Fridays – 8 am – 5 pm

Summer Hours

Mon – Thurs 7:30 am – 7 pm

Monroe Campus

570-369-1842

Keystone Hall 130

Academic Year Hours

Monday-8 am- 5 pm

Tuesday- 8 am- 7 pm

Wednesday - 8 am – 7pm

Thursday – 9 am – 5 pm

Friday – 8 am – 4 pm

Summer Hours

Monday-8 am- 5 pm

Tuesday- 8 am- 7 pm

Wednesday - 8 am – 7pm

Thursday – 9 am – 5 pm



Northampton
Community College

COUNSELING SERVICES

Mission Statement

Our mission is to offer comprehensive counseling and support services to foster the intellectual, emotional, social and cultural development of students.

Confidentiality – All counseling records are kept strictly confidential and are not a part of the college records. Information is shared only with a person's written permission. Exceptions to confidentiality are rare and include when a person poses a threat to his/her own safety or the safety of someone else or when it is ordered by the court.

All staff members are trained in the areas described on the back of this brochure as well as in other counseling specialties.

You have freedom of choice.

Dr. Eric Rosenthal, Dean of Student Success
erosenthal@northampton.edu

M. Teresa Donate, Counselor
tdonate@northampton.edu

- Spanish-English bilingual counselor
- Provides personal, academic and career counseling to all students experiencing a wide variety of issues
- Strong advocate for issues dealing with diversity, bilingualism, and the rights of students and staff of color

Elba Carides, Counselor

ecarides@northampton.edu

- Counsels students on personal, career, academic skills
- Assist students in the development of their individual educational plans and goals
- Provides outreach advocacy and support for students experiencing academic difficulty
- Teaches College Success (Cols 101-150) and leadership development
- Bilingual English-Spanish

Ross Bandics, Counselor

rbandics@northampton.edu

- Provides academic, career, and personal counseling
- Academic Probation Counselor
- Instructor of College Success 101

Matt Bartholomew, Counselor

mbartholomew@northampton.edu

- Licensed Professional Counselor in PA
- Provides personal, academic and career counseling to all students experiencing a wide variety of issues
- Serves as advisor for Veteran students
- Counsels students on Academic Probation

Beatriz Messina, Counselor

bmessina@northampton.edu

- Licensed Social Worker
- Provides personal counseling to students struggling with a variety of issues
- Facilitates personal counseling and other services to students experiencing substance abuse and abuse issues
- Connects students to public benefits and other community resources
- Bilingual English/Spanish

Andrea Marcolla, Counselor

amarcolla@northampton.edu

- Licensed Social Worker
- Provides personal, academic and/or career counseling to all students experiencing a wide variety of issues
- Utilizes a range of creative and solution focused approaches to empower students to improve life circumstances
- Provides support and outreach to students on Academic Probation
- Instructor of College Success 101

Ziona Brotleit, Counselor

zbrotleit@northampton.edu

- Licensed Psychologist
- Assists students with a variety of personal life issues, such as: depression, anxiety, eating disorders, parents and relationships, women's issues, LGBTQ concerns
- Provides stress management and relaxation techniques
- Provides support and guidance for a range of academic concerns, including: study skills, test anxiety, professor and class management concerns, selecting a major and career decisions
- Bilingual English-Spanish

Stephen Compos, Counselor

scompos@northampton.edu

- Licensed Professional Counselor
- Provides general counseling and specializes in sexual dysfunction, relationship issues and LGBTQ concerns
- Academic Probation counselor

Chelsea Cortright, Counselor

ccortright@northampton.edu

- Provides personal, academic and career counseling to all students experiencing a variety of concerns
- Uses a wide range of approaches to empower students through difficult adjustments and assists them in making personal life decisions
- Provides support to students on Academic Probation

MONROE CAMPUS

James N. Colon, MHSC (Master of Human Service Counseling), Counselor

jcolon@northampton.edu

- Spanish-English bilingual counselor
- Assists students with personal life issues, such as: depression, anxiety, parent and family issues, relationships, and LGBTQ concerns
- Provides stress management and relaxation techniques
- Provides support to students on Academic Probation
- Instructor of College Success and Study Abroad
- Serves as advisor of the Monroe Campus – Hispanic –American Cultural Club (HACC)

Joshua McSparin, Counselor

jmcsparrin@northampton.edu

- Provides mindfulness based approach to personal, academic and career counseling
- Assists students to identify Self-Care practices that will empower them to address stressors impacting their college experience
- Provides support, outreach and advising to students experiencing academic difficulty